

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8-9:30 Breakfast Bunch 9:30 Good News Gathering 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:15 Bible Study 2:00 Circle Games 3:45 Apple-y Ever After 6:00Coloring Bags for Service Project 6:45 Walking in Harmony with Ki	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends 2:00 Card Games 3:45 Walkabout 6:00 Shade the Season Coloring Project	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 11:45 Lunch with Friends 1:15 Walkabout 2:00 Bowling 3:45 Planting Herbs 6:00 Baking Cherry Icebox Cake	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:15 Walkabout 2:15 Bingo Store 3:45 Balloon Toss 6:00 Friday Night Movie & Manicures	8-9:30 Breakfast Bunch 9:00 Walking in Harmony with Ki 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Exercise: Resident Choice 11:45 Lunch with Friends 1:15 Walkabout 2:00 Bingo 3:45 The Wisdom Workshop
	8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Manicures & Music 3:30 Singalog 5:00 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 2:00 Reminisce on the Patio 3:30 Musical Memories 6:00 Living Room Leisure Labor Day	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends 2:00 Patio Time & Trivia 3:45 Walkabout 6:00 Making Blueberry Popsicles 6:45 Room Visits	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 11:45 Lunch with Friends 2:00 Resident Meeting & Social 3:30 Divine Mercy 4:15 Seated Yoga 6:00 Cards for Family or Friends	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:15 Walkabout 2:15 Inspirational Rock Painting 3:45 Darts 6:00 Dear Diary Rosh Hashanah Begins	8-9:30 Breakfast Bunch 9:00 Walking in Harmony with Ki 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Saturday Morning Workout! 11:45 Lunch with Friends 1:15 Walkabout 2:00 Chocolate Milkshake Making 2:30 Word Game 3:45 Chapel Visits 6:00 Living Room Leisure
	Assisted Living Week 8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Manicures & Music 3:30 Singalong 5:00 Supper Club 6:00 Living Room Leisure and Tabletop Games Grandparents Day	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 11:45 Lunch with Friends 2:00 History of Worcester with Mary 3:30 Rosary 6:00 Living Room Leisure	Crazy Sock day 8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 2:00 Jolly Jills Chorus Performs! 3:30 Coloring for Calm 6:00 Living Room Leisure	Wear Blue 8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends 2:00 Shine a Spotlight on the Sixties and Seventies! 3:30 Abba in Concert, YouTube 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 11:45 Lunch with Friends 1:15 Walkabout 2:15 Holy Harmony 3:30 Musical Memories 6:15 Entertainment with Jeff Thomas	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 2:15 "Star Studded" Social& Talent Show 3:30 Coloring for Calm 6:00 Living Room Leisure Oktoberfest Begins
	8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Manicures & Music 3:30 Singalog 5:00 Supper Club 6:00 Living Room Leisure and Tabletop Games Yom Kippur Begins	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 11:45 Lunch with Friends 2:00 Music & Movement with Robin 3:30 Rosary 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:15 Bible Study 2:00 Welcome Autumn! 3:30 Musical Memories 6:00 Living Room Leisure Happy Autumn!	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends 2:00 Patio & Reminisce 3:45 Touch & Go 6:00 Baking Muffins for Community Service Project	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 11:45 Lunch with Friends 2:15 Service Project for Community Fridges in Worcester 3:30 Divine Mercy Chaplet 4:15 Fifteen-Minute Yoga 6:00 Self Reflection	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:45 Birthday Party with Traditional 3:45 Walkabout 6:00 Bam! Pow! Create! for Comic Book Day Sukkot Begins
	8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Manicures & Music 3:30 Singalog 5:00 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 11:45 Lunch with Friends 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 11:45 Lunch with Friends 1:15 Bible Study 2:00 PE James Performs 3:30 Walkabout 6:00 Fall Tree Painting	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends 2:00 Categories Word Game 3:45 Walkabout 6:00 White Chocolate Covered Strawberries		

*****Walking Groups, Individual Activities, and Person-Centered Activities happen at varying times throughout the week. Calendar is subject to change. *****