

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Seated Zumba 1:00 Walkabout 2:00 Disc Golf 3:45 Chapel Visits 6:00 Living Room Leisure & Games
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Hand Spa & Manicures 3:30 Sing Along 4:45 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Gentle Stretch 2:00 Music & Movement with Robin 3:30 Rosary 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Presentation about India 3:45 Walkabout 6:00 Solo Art	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Yoga 1:15 Walkabout 2:00 Sun ower Door Hanger 3:45 Walkabout 6:00 Painting Plant Pots	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 1:00 Walkabout 2:00 Bowling 3:45 Reminisce & Root Beer Float Craft 6:00 Walkabout 6:30 Painting	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 2:00 Bingo 3:45 Lighthouse Coloring & Reminisce 6:00 Living Room Leisure & Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Seated Zumba 11:45 Lunch with Friends 1:00 Walkabout 2:00 Bowling 3:45 Chapel Visit
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Hand Spa & Manicures 3:30 Sing Along 4:45 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Gentle Stretch 2:00 Heather Ralston Performs 3:30 Rosary 6:00 Living Room Leisure & Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Circle Games 3:45Library Visit 6:00 Living Room Leisure & Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Yoga 1:15 Walkabout 2:00 Bingo 3:45 Darts 6:00 Solar Eclipse & Craft	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 2:00 Beach Life Painting 3:30 Divine Mercy Chaplet 4:15 15 Minute Yoga 6:00 Magnet Craft	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 2:15 Lifelong Learning: Broadway Hits, Past & Present! 3:45 Knock the Cups 6:00 Shell Craft	8-9:30 Breakfast Bunch 9:30 Good News Gahtering & Brain Games 10:30 Catholic Mass on TV 11:15 Exercise 11:45 Lunch with Friends 1:00 Walkabout 2:15 Carnival Game or Craft 3:45 Chapel Visits Family Fun Day
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Hand Spa & Manicures 3:30 Sing Along 4:45 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Gentle Stretch 2:00 Music & Movement with Robin 3:30 Rosary 4:15 Patio Time or Visits 6:30 Concert in the Courtyard	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Bingo 3:30 Singalong with Susie Q! 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Yoga 2:00 Coloring for Calm 3:45 Bucket Brigade 6:00 Fashion Collage	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:45 Luau lunch! 11:15 Strength Training 2:15 Hawaiian Party 3:45 Ring Toss Challenge 6:00 Sort it Out	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 2:15 Community Connections 4:00 Walkabout 6:00 Planting	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Seated Zumba 11:45 Lunch with Friends 1:00 Walkabout 2:00 Music & Movement with Robin 3:30 Show & Tell 6:00 Living Room Leisure & Tabletop
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Hand Spa & Manicures 3:30 Sing Along 4:45 Supper Club 6:00 Living Room Leisure & Games	Be Kind to Humankind Week! 8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Gentle Stretch 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure & Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Bingo Shop 3:45 Water Darts 6:00 Creative Aging	Women's Day 8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Yoga 2:00 Coloring for Calm 3:45 Getting to Know You 6:00 Touch & Go	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Strength Training 2:00 Spa Day 3:30Divine Mercy Chaplet 4:15 15 Minute Yoga 6:15 Greg Peters Performs	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Seated Drumming 1:45 Birthday Party with Traditional 3:45 Ice Cream Craft 6:00 Walkabout 6:30 Room Visits	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass on TV 11:15 Seated Zumba 11:45 Lunch with Friends 1:00 Walkabout 2:15 Homemade Lemonade Social 3:45 Chapel Visits
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:15 Seated Cardio 11:45 Lunch with Friends 2:00 Hand Spa & Manicures 3:30 Sing Along 4:45 Supper Club 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Good News Gathering & Brain Games 10:30 Catholic Mass 11:15 Gentle Stretch 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure and Tabletop Games					

*****Walking Groups, Individual Visits, and Person-Centered Activities happen at varying times throughout the week *****