

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Gentle Stretch 1:15 Walking Group 1:45 Men's Coffee Break 2:00 Music and Movement with Robin 3:30 Rosary 6:00 What's the Story? Reminisce	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Christmas Decorating and Christmas Movie 3:30 Musical Memories on YouTube 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Yoga 1:15 Walking Group 2:15 Christmas Decorating 3:30 Musical Memories 6:00 Zen Doodle	9:15 Kelly and Mason the Golden Retriever Visit 10:30 Catholic Mass 11:15 Chair Dance 2:15 Christmas Decorating 4:00 Harmony Tree Lighting with music by Marti Sawyer 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Exercise 1:15 Puzzle Group 2:30 Watercolors 3:30 Musical Memories 4:00 Walking Group 6:00 Christmas Concert on YouTube	10:00 Catholic Mass on YouTube 10:45 Stretch with Mari 11:15 Word Game 2:30-4 Resident and Family Holiday Party with Music by Heather Ralston 6:00 Movie Night: "White Christmas"
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:00 Seated Zumba 11:30 Daily Chronicle 2:00 Hand Spa and Music 3:30 Concert on YouTube 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Gentle Stretch 1:15 Walking Group 1:45 Men's Coffee Break 2:00 Santa's Workshop 3:30 Rosary 6:00 Reminisce	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:15 Card Making 3:30 Musical Memories on YouTube 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Exercise 11:30 Out to Lunch at the Publick House 2:00 Mini Christmas Tree Craft 3:15 Entertainment with PE James 6:00 Zen Doodle	9:15 Yoga with Beth 10:30 Catholic Mass 11:15 Christmas Work Out 2:00 Bingo 3:00 Chaplet of the Divine Mercy 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Exercise 2:30 Ballon Volleyball 4:00 Walking Group 6:00 Christmas Concert on YouTube	10:00 Catholic Mass on YouTube 10:45 Stretch with Mari 11:15 Word Game 1:15 Walking Group 2:30 Rhythm and Movement 6:00 Movie Night "Holiday Inn"
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:00 Seated Zumba 11:30 Daily Chronicle 2:00 Hand Spa and Music 3:30 Concert on YouTube 6:00 Living Room Leisure and Tabletop Games Hanukkah Begins	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Gentle Stretch 1:15 Walking Group 1:45 Men's Coffee Break 2:00 Music and Movement with Robin 3:30 Rosary 6:00 Reminisce	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Singalong with the Jolly Jills Chorus 3:30 Musical Memories on YouTube 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Tai Chi 1:15 Puzzle Group 2:15 Nativity Reading 4:00 Walking Group 6:00 Zen Doodle	9:15 Yoga with Beth 10:30 Catholic Mass 11:15 Whole Brain Health Exercise & Trivia 1:15 Walking Group 2:15 Singing His Praises 3:30 Musical Memories 5-6 Resident Holiday Dinner with Music by Clyde Wheatley	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Exercise 1:45 Birthday Party with Traditional 3:30 Musical Memories 6:00 Christmas Concert on YouTube	10:00 Catholic Mass on YouTube 10:45 Stretch with Mari 11:15 Word Game 1:15 Walking Group 2:30 Watercolors 6:00 Movie Night "The Sound of Music "
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:00 Seated Zumba 11:30 Daily Chronicle 2:00 Hand Spa and Music 3:30 Concert on YouTube 6:00 Living Room Leisure and Tabletop Games Winter Begins	Christmas Sweater Day 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Gentle Stretch 1:15 Walking Group 1:45 Men's Coffee Break 2:00 Here We Come a-Caroling! 3:30 Rosary 6:00 Reminisce	Wear Red! 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:00 Lifelong Learning: Armchair Travel to Christmas in Mexico 3:30 Rick Steves European Christmas 6:00 Living Room Leisure and Tabletop Games	Wear Green! 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Seated Yoga 1:15 Zen Doodle 2:15 'Twas the Night Before Christmas... 3:30 Christmas Concert on YouTube 6:00 Living Room Leisure	Merry Christmas!!! 9:30 Morning Greeting 10:00 Catholic Mass 11:15 Seated Exercise 2:15 Christmas Matinee 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games Christmas	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Exercise 2:15 TV Games 4:00 Walking Group 6:00 Tea and Chat Boxing Day (Canada) Kwanzaa Begins	10:00 Catholic Mass on YouTube 10:45 Stretch with Mari 11:15 Word Game 1:15 Walking Group 2:15 Music & Movement with Robin 4:00 Tea and Chat 6:00 Movie Night: "My Fair Lady "
8-9:30 Breakfast Bunch 10:00 Catholic Mass 11:00 Seated Zumba 11:30 Daily Chronicle 2:00 Hand Spa and Music 3:30 Concert on YouTube 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Gentle Stretch 1:15 Walking Group 1:45 Men's Coffee Break 2:00 Bingo 2:15 Qigong Back Porch 3:30 Rosary 6:00 Reminisce	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dance 1:15 Bible Study 2:15 Harmony Birthday Party with Entertainment by Greg Peters 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Yoga 11:30 Men's Lunch 1:15 Puzzle Group 2:15 New Year's Eve Happenings 4:00 Walking Group 6:00 Zen Doodle New Year's Eve			