

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness 2pm: In the Kitchen With Shannon & Julie 3:30pm: Snacks & Chats 4:30pm: Mail Call/Room Visits 6pm: Rosary & Reflection <small>Shavuot Begins</small>	<div>2</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:15pm: Adoration Discussion Group: Gardens Around the World 3:30pm: Snacks & Chats 4:30pm: Mail Call/Room Visits 6pm: Nail Care/Hand Massages	<div>3</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm: Ageless Artists Group "Woodland Garden Stakes" 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Short Stories to Make You Laugh	<div>4</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm:Horceracing "Belmont Stakes" 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: One to One Visits with Jamie	<div>5</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun 2:15pm:Bowling Challenge 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Music and Stretches 6:30pm Concert in the Courtyard	<div>6</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey Frank & Friends 2:15pm:Butterfly in the Sky Flight of the Monarch 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits <small>6pm: Classic Sitcoms</small>	<div>7</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2:15pm:Art and Movement 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Saturday Evening Movie
<div>8</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness 2pm: In the Kitchen With Jessica & Julie 3:30pm: Snacks & Chats 4:30pm: Mail Call/Room Visits 6pm: Rosary & Reflection	<div>9</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:15pm: Adoration Discussion Group: Baseball 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Nail Care/Hand Massages	<div>10</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm: Ageless Artists Group "Watercolor Moons" 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Short Stories to Make You Laugh	<div>11</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm: June Weddings 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: One to One Visits with Jamie	<div>12</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun 2:15pm:Trail Days 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Music and Stretches	<div>13</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey Frank & Friends 2:15pm:"Ode to the Lumberjack" Social 4:30pm: Mail Call/1-1 Visits 6pm: Classic Sitcoms	<div>14</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2:15pm:Gregory Peters Patriotic Songs 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Saturday Evening Movie <small>Flag Day (U.S.)</small>
<div>15</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness 2pm: Father's Day Gathering Dance Group Production 4:30pm: Mail Call/Room Visits 6pm: Evening Reflections <small>Father's Day</small>	<div>16</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:15pm: Adoration Discussion Group: Nature Photography 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Nail Care/Hand Massages	<div>17</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm: Ageless Artists Group "Sketch Pad Magic" 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Short Stories to Make You Laugh	<div>18</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm:Celebrating the Happy Meal 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: One to One Visits with Jamie	<div>19</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun 2:15pm:Bowling Discussion Group: Juneteenth 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Music and Stretches <small>Juneteenth</small>	<div>20</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey Frank & Friends 3:15pm:Heather Ralston Spring into Summer Social 4:30pm: Mail Call/1-1 Visits 6pm: Classic Sitcoms <small>Summer Begins</small>	<div>21</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2:15pm:Art and Movement 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Saturday Evening Movie
<div>22</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness 2pm: In the Kitchen With Jessica & Julie 3:30pm: Snacks & Chats 4:30pm: Mail Call/Room Visits 6pm: Rosary & Reflection	<div>23</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:15pm: Adoration Pink Bingo 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Nail Care/Hand Massages	<div>24</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm: Ageless Artists Group "Music and Paint" 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Short Stories to Make You Laugh	<div>25</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sit n' Fit Exercise 2:15pm:Harmony Bowling Challenge 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: One to One Visits with Jamie	<div>26</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun 2:15pm:Bowling Challenge 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Music and Stretches	<div>27</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey Frank & Friends 2:15pm:Neighborhood Happy Hour in the Courtyard The Rob Show 4:30pm: Mail Call/1-1 Visits 6pm: Classic Sitcoms	<div>28</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2:15pm:Music and Movement 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Saturday Evening Movie
<div>29</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness 2pm: In the Kitchen With Julie 3:30pm: Snacks & Chats 4:30pm: Mail Call/Room Visits 6pm: Rosary & Reflection	<div>30</div> 9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:15pm: Adoration Discussion Group: National Space Day 3:30pm: Snacks & Chats 4:30pm: Mail Call/1-1 Visits 6pm: Nail Care/Hand Massages	<div> <div>June 2025</div> <div>Harmony Recreation Calendar</div> </div>				



All programs are subject to change per the discretion of the Director of Activities