

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2025

Harmony Village Recreational Calendar

<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2pm: Star Wars: May the Force Be with You Social Gathering 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Evening Reflections</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Cinco de Cardio Fitness 2pm: Cinco de Mayo Celebration 3:30pm: Taste of Mexico 4:30pm: Mail Call /Room Visits 6pm: Travel Blog of Mexico</p> <p>Cinco de Mayo</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab* Fit* Fun Fitness 2:30pm: PE James Entertainment 3:30pm Snacks and Refreshments 4:30pm: Mail Call /Room Visits 6pm: Conversations with Shannon</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2:30pm: Bingo 3:30pm: Snacks and Chats 4:30pm: Mail Call /Room Visits 6pm: Today's Headlines Feel Good Stories of the Day</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Finish the Line 2:15pm: Bell Choir Practice 3:30pm: Music & Refreshments In the Courtyard 4:30pm: : Memory Lane w/ Chie 6pm: Spa Treatments</p> <p>May Day</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey w/ Frank & Friends 2pm: Scrapbooking with Friends 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Classic Sitcoms</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2pm: Music Bingo 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Saturday Cinema</p>
<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2pm: Star Wars: May the Force Be with You Social Gathering 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Evening Reflections</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Cinco de Cardio Fitness 2pm: Cinco de Mayo Celebration 3:30pm: Taste of Mexico 4:30pm: Mail Call /Room Visits 6pm: Travel Blog of Mexico</p> <p>Cinco de Mayo</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab* Fit* Fun Fitness 2:30pm: PE James Entertainment 3:30pm Snacks and Refreshments 4:30pm: Mail Call /Room Visits 6pm: Conversations with Shannon</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2:30pm: Bingo 3:30pm: Snacks and Chats 4:30pm: Mail Call /Room Visits 6pm: Today's Headlines Feel Good Stories of the Day</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Finish the Line 2:15pm: Bell Choir Practice 3:30pm: Music & Refreshments In the Courtyard 4:30pm: : Memory Lane w/ Chie 6pm: Spa Treatments</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey w/ Frank & Friends 2pm: Moscato and Macaroons in the Courtyard 4:30pm: Mail Call /Room Visits 6pm: Classic Sitcoms</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga (S&W) 2pm: Art and Movement 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Saturday Cinema</p>
<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness</p>  <p>National Skilled Nursing Care Week</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2pm: Tapestry of Life Through Life Quilts 4:30pm: Mail call/ Room Visits 6pm: Conversations and Current Events</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Tapestry of Life: Yesterday, Today and Tomorrow 4:30pm: Mail call/ Room Visits 6pm: Pencil Art</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2pm: Tapestry of Life Through Art Expression 4:30pm: Mail call/ Room Visits 6pm: Puzzles Games</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Story Tellers: Tapestry of Life Through Music 4:30pm: Mail call/ Room Visits 6pm: Thursday Night Movie</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey w/ Frank & Friends 2pm: Tapestry of Life Through Food: Taste of Worcester 4:30pm: Mail Call /Room Visits 6pm: Classic Sitcoms</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2pm: Spring Musical Duet Concert 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Patriotic Musical</p> <p>Armed Forces Day</p>
<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2pm: Music and Movement 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Evening Reflections</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Rock n' Roll Fitness 2:30pm: Bill McCarthy Entertainment 3:30pm Snacks and Refreshments 4:30pm: Mail Call /Room Visits 6pm: Conversations Current Events</p> <p>Victoria Day (Canada)</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab* Fit* Fun Fitness 2:30pm: Ageless Artist Painting Program 3:30pm: Snacks & Refreshments 4:30pm: Mail Call /Room Visits 6pm: Evening Strolls in the Courtyard</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2:30pm: Bingo 3:30pm: Snacks and Chats 4:30pm: Mail Call /Room Visits 6pm: Today's Headlines Feel Good Stories of the Day</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Word Within a Word 2:15pm: Bell Choir Practice 3:30pm: Music & Refreshments In the Courtyard 4:30pm: Memory Lane w/ Chie 6pm: Spa Treatments</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am Sentimental Journey w/ Frank & Friends 2:30pm: Courtyard Conversations 3:30pm: Entertainment with Heather Ralston 4:30pm: Mail Call /Room Visits 6pm: Classic Sitcoms</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2pm: Music Bingo 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Saturday Cinema</p>
<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2pm: Calling All Bakers Blueberry Cheesecake Bites 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Evening Reflections</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Marching into Fitness 2:30pm: Welcome Summer Patio Party 4:30pm: Mail Call /Room Visits 6pm: Patriotic Sing Along</p> <p>Memorial Day</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab* Fit* Fun Fitness 2:30pm: Ageless Artist Painting Program 3:30pm: Snacks & Refreshments 4:30pm: Mail Call /Room Visits 6pm: Evening Strolls in the Courtyard</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Music and Movement 2:30pm: Resident Council 3:30pm: Bingo 4:30pm: Mail Call & Room Visits 6pm: Puzzles and Games</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Fab*Fit*Fun Fitness 2pm: Cranium Crunches 2:15pm: Bell Choir Practice 3:30pm: Music & Refreshments In the Courtyard 4:30pm: Memory Lane w/ Chie 6pm: Readings and Tea</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Sentimental Journey w/ Frank & Friends 2pm: Mint Juleps and Memories In the Courtyard 4:30pm: Mail Call /Room Visits 6pm: Classic Sitcoms</p>	<p>9am: Morning Greetings 10am: Daily Mass & Rosary 11am: Chair Yoga 2pm: Art and Movement 3:30pm: Refreshments and Conversations 4:30pm: Mail Call /Room Visits 6pm: Saturday Cinema</p>