

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2025

Traditional Activity Calendar

1
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Class
2pm: Entertainment with Tony Fancis
 3:30pm: Afternoon Refreshments
 4pm: Mail Call & Room Visits

2
 9am: Morning Greetings
 10am: Daily Mass & Rosary
11am: Spiritual Hymns & Sing Along
 2pm: Afternoon Games
 3:30pm: Refreshments & Conversations
 4pm: Mail Call & Room Visits

3
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Rock & Roll Fitness
2pm: Honoring Women's History "Ruth Bader Ginsburg"
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Room Visits

4
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Fab Fit Fun w/Jill (W)
2pm: "Le Mardi Gras Laissez les bons temps rouler"
 4pm: Mail Call & Room Visits
 Mardi Gras

5
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Chair Yoga
2pm: Ash Wednesday Observance Spiritual Corner
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Literary Corner

6
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Happy Tunes (W) Fitness Fun (S)
2:15pm: Bell Choir
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Music and Movement

7
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Group
2pm: Spiritual Reflection
3pm: Stories of the Women In the Bible
 4pm: Mail Call & Room Visits

8
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Class
2pm: Saturday Afternoon Bingo
 3:30pm: Afternoon Refreshments
 4pm: Mail Call & Room Visits

9
 9am: Morning Greetings
 10am: Daily Mass & Rosary
11am: Spiritual Hymns & Sing Along
 2pm: Afternoon Games
 3:30pm: Refreshments & Conversations
 Daylight Saving Time Begins

10
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Rock & Roll Fitness
2pm: Honoring Women's History "Mother Teresa"
 3:30pm: Refreshments & Conversations
 4pm: Mail Call &
 6pm: Room Visits

11
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Fab Fit Fun w/Jill (W)
2pm: PE James Birthday Party
 3:30pm: Refreshments & Conversations
 4pm: Mail Call & Room Visits

12
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Chair Yoga
2pm: Bingo and Beverages
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Literary Corner:

13
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Happy Tunes (S)
2:30pm: Music with Heather
 3:30pm: Refreshments & Conversations
 4pm: Mail Call & Room Visits
 6pm: Music and Movement
 Purim Begins

14
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Group
2pm: Stations of the Cross
3:30pm Armchair Travels "Dublin, Ireland"
 4pm: Mail Call & Room Visits
 6pm: Evening Reflections

15
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Class
2pm: Saturday Afternoon Bingo
 3:30pm: Afternoon Refreshments
 4pm: Mail Call & Room Visits

16
 9am: Morning Greetings
 10am: Daily Mass & Rosary
11am: Spiritual Hymns & Sing Along
 2pm: Afternoon Games
 3:30pm: Refreshments & Conversations

17
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Rock & Roll Fitness
2pm: "Pot of Gold Bingo Social"
 3:30pm: Refreshments & Conversations
"May the Luck of the Irish be with you"
 St. Patrick's Day

18
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Fab Fit Fun w/ Jill
2pm: Cranium Crunches (W) Ageless Artists Art Program (S)
 3:30pm: Refreshments & Conversations
 4pm: Mail Call & Room Visits

19
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Chair Yoga
2:30pm: Gregory Peters Entertainment
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Literary Corner

20
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Happy Tunes (W) Fitness Fun (S)
2:15pm: Bell Choir
 3:30pm: Refreshments
 4pm: Mail Call & Room Visits
 6pm: Music and Movement
 Spring Begins

21
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Group
2pm: Stations of the Cross
3pm Welcome Spring Social
 4pm: Mail Call & Room Visits
 6pm: Evening Reflections

22
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Class
2pm: Saturday Afternoon Bingo
 3:30pm: Afternoon Refreshments
 4pm: Mail Call & Room Visits

23
 9am: Morning Greetings
 10am: Daily Mass & Rosary
11am: Spiritual Hymns & Sing Along
 2pm: Afternoon Games
 3:30pm: Refreshments & Conversations

24
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Rock & Roll Fitness
2pm: Honoring Women's History "Elizabeth Cady Stanton"
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Room Visits

25
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Fab Fit Fun w/Jill
2pm: Cranium Crunches (W) Ageless Artists Art Program (S)
 3:30pm: Refreshments & Conversations
 4pm: Mail Call & Room Visits

26
 9am: Morning Greetings
 10am: Chair Yoga
 11am: Rock & Roll Fitness
2pm: Resident Council
3pm: Bingo and Beverages
 4pm: Mail Call
 6pm: Literary Corner

27
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Happy Tunes (S) Fitness Fun (W)
2pm: Bell Choir Concert
 3:30pm: Refreshments
 4pm: Mail Call & Room Visits
 6pm: Music and Movement

28
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Group
2pm: Stations of the Cross
3pm: March Sweet 16 Social
 4pm: Mail Call & Room Visits
 6pm: Evening Reflections

29
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Group Fitness Class
2pm: Saturday Afternoon Bingo
 3:30pm: Afternoon Refreshments
 4pm: Mail Call & Room Visits

30
 9am: Morning Greetings
 10am: Daily Mass & Rosary
11am: Spiritual Hymns & Sing Along
 2pm: MLB Opening Day Games
 3:30pm: Refreshments & Conversations

31
 9am: Morning Greetings
 10am: Daily Mass & Rosary
 11am: Rock & Roll Fitness
2:30pm: Music with Bill McCarthy
 3:30pm: Refreshments & Conversations
 4pm: Mail Call
 6pm: Room Visits

*Goodbye snow! Goodbye, ice!
 Though of course, you're very nice,
 I am glad you've gone away, leaving us this
 Fine Spring Day.
 Goodbye, Winter! Though it's true
 I've had lots of fun with you.
 Now I can shout and sing*

I'm so glad it's Spring!

By: Winifred J. Mott

