

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <h2>Harmony Neighborhood</h2>			8-9:30 Breakfast Bunch 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Midweek Matinee 6:00 Living Room Leisure and Tabletop Games New Year's Day	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Card Games 3:30 TV Concert 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Balloon Tennis 3:30 Alaska Travel Documentary	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games
8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Trivia & Ice Cream 3:30 Musical Memories 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 10:30 Catholic Mass 11:15 Chair Yoga 11:45 Lunch with Friends! 2:00 Epiphany: "Undeck" the Halls! 3:30 Rosary 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dancing 11:45 Lunch with Friends! 1:15 Bible Study 2:15 Bingo 3:30 TV Concert 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Elvis Stretch 11:45 Lunch with Friends! 2:00 Boppin' for the Brain with Robin 3:30 Elvis B-day: Elvis Music 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Tai Chi 11:45 Lunch with Friends! 2:15 Snowman Craft 3:30 Musical Memories 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Workout 11:45 Lunch with Friends! 2:15 Scattergories Game 3:30 Musical Memories 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 YouTube Singalong 11:15 Exercise 11:45 Lunch with Friends! 2:15 Entertainment with Greg Peters 3:30 Musical Memories 6:00 Living Room Leisure
8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Trivia & Ice Cream 3:30 Musical Memories 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dancing 11:45 Lunch with Friends! 1:15 Bible Study 2:15 Fireside Chat & Hot Chocolate 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 "Silent Book Club" 3:30 Concert on TV 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Prayer Service 3:30 Word Game 6:00 Living Room Leisure and Tabletop Games	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Card Games 3:30 Concert on TV 6:00 Living Room Leisure and Tabletop Games	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 YouTube Singalong 11:15 Exercise 2:15 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games
8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Trivia & Ice Cream 3:30 Musical Memories 6:00 Living Room Leisure Activity Professionals Week	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Sit & be Fit 11:45 Lunch with Friends! 2:15 Jeopardy 3:30 Rosary Martin Luther King Jr. Day	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dancing 11:45 Lunch with Friends! 1:15 Bible Study 2:15 Bingo 6:15 Music with Jeff Thomas	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 1:00 Midday Music and Visits 2:00 Boppin' for the Brain with Robin 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Armchair Travel: England 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Bird Enthusiasts: Feed the Birds 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 YouTube Singalong 11:15 Exercise 2:15 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games
8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Trivia & Ice Cream 3:30 Musical Memories 6:00 Living Room Leisure Australia Day (Observed)	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Chair Dancing 11:45 Lunch with Friends! 1:15 Bible Study 2:15 "Snow Much Fun" Social 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:30 Men's Lunch Sun porch 11:45 Lunch with Friends! 2:00 Birthday Party with Entertainment by Heather! Chinese New Year (Year of the Snake)	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 2:15 Wintery Sip & Paint 3:30 Musical Memories 6:00 Living Room Leisure	9:30 Morning Greeting 10:30 Catholic Mass 11:15 Morning Stretch 11:45 Lunch with Friends! 1:45 Birthday Party with Traditional 3:30 Musical Memories 6:00 Living Room Leisure	8-9:30 Breakfast Bunch 9:30 Morning Greeting 10:30 YouTube Singalong 11:15 Exercise 2:15 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games

Walking groups happen at varying times throughout the week. Person centered activities happen throughout the day.