

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 9:30 Hello Harmony! 10:30 Catholic Mass 11:15 Sunday Stretch 2:00 Trivia 3:30 Sing Along on TV 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Strengthening Exercise 11:45 Lunch 1:00 "Sort it Out" 2:15 Bingo 3:30 Rosary 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Dancing 11:45 Lunch 1:15 Bible Study, "Back Porch" 2:15 Getting Crafty! 3:30 Musical Memories 6:15 Entertainment with Jeff Thomas | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Morning Stretch! 1:00 Word Search Group 2:15 Balloon Tennis 3:30 Sing Along 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Drum Fit! 1:00 Walk & Talk 2:15 Mocktails, Music &Name That Tune! 3:30 Walk & Talk 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Yoga 1:15 Puzzles 2:15 Left, Right, Center Game 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony! 10:15 Sing Along 11:15 Exercise 1:00 Middyay Music 2:00 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games |
| 9:30 Hello Harmony! 10:30 Catholic Mass 11:15 Sunday Stretch 2:00 Trivia 3:30 Sing Along on TV 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Strengthening Exercise 1:00 Middyay Music and Visits 2:15 Word Game 3:30 Musical Memories 6:00 Living Room Leisure Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada) | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Dancing 1:15 Bible Study, "Back Porch" 2:00 Jolly Jills Chorus Sings! 3:30 Walk and Talk 6:00 Living Room Leisure | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Morning Stretch! 1:00 Word Search Group 2:00 Boppin' for the Brain with Robin 3:30 Sing Along 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Stretch! 1:00 Middyay Music and Visits 2:00 Armchair Travel: Oktoberfest 3:30 Walk & Talk 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Yoga 1:15 "Back Porch" Chat 2:15 Entertainment with Polka Paul 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony! 10:15 Sing Along 11:15 Exercise 1:00 Middyay Music 2:00 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games |
| 9:30 Hello Harmony! 10:30 Catholic Mass 11:15 Sunday Stretch 2:00 Trivia 3:30 Sing Along on TV 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Strengthening Exercise 11:45 Lunch 1:00 Walk & Talk 2:15 Bingo 3:30 Rosary 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Dancing 1:15 Bible Study, "Back Porch" 2:15 Getting Crafty 3:30 Musical Memories 6:00 Lliving Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Morning Stretch! 1:00 Middyay Music 2:15 Jeopardy 3:30 Youtube Concert 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Stretch! 1:00 Walk & Talk 2:15 Card Games 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Yoga 1:00 Middyay Music and Visits 1:45 Birthday Party with Traditional 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony! 10:15 Sing Along 11:15 Exercise 1:00 Middyay Music 2:00 Saturday Matinee 6:00 Living Room Leisure and Tabletop Games |
| 9:30 Hello Harmony! 10:30 Catholic Mass 11:15 Sunday Stretch 2:00 Trivia 3:30 Sing Along on TV 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Strengthening Exercise 1:00 Walk & Talk 2:00 Bingo 3:30 Rosary 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Chair Dancing 1:15 Bible Study, "Back Porch" 2:15 Harmony Resident Meeting 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Games | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Morning Stretch! 1:00 Word Search Group 2:15 Harmony Birthday Party with Entertainment with PE James! 3:30 Word Game 6:00 Living Room Leisure | 9:30 Hello Harmony 10:30 Catholic Mass 11:15 Stretch! 1:00 Middyay Music and Visits 2:15 Halloween Happenings! 3:30 Musical Memories 6:00 Living Room Leisure and Tabletop Gam |  | |