



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2024

Traditional Activity Calendar

		<p>1 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (W) Chair Aerobics (S) 2PM: Crafting Corner: Card Making 3:30PM: Social Hour 4PM: Neighborhood Visits Mail Call</p>	<p>2 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Group Fitness (W) Stretching Exercises (S) 2PM: Music with Heather 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call <small>Rosh Hashanah Begins</small></p>	<p>3 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Music Therapy: Happy Tunes (S&W) 2PM: Bell Choir Practice/ Manicures & Bubbly 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>4 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sittercise Workout (S&W) 2PM: Active Games: South vs. West 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>5 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sentimental Journey Sing Along (S&W) 2PM: Bingo 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>
<p>6 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2PM: Flip Card 3:30PM: Social Hour 4:30PM: Neighborhood Visits</p>	<p>7 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (S) Ribbon Yoga (W) 2PM: Adoration 2:45PM: Scripture Study Group/ Book Buzz: Short Stories 3:30PM: Social Hour 4PM: Mail Call / Room Visits</p>	<p>8 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (W) Chair Aerobics (S) 2PM: In the Kitchen: Gourmet Cupcakes 3:30PM: Social Hour 4PM: Neighborhood Visits Mail Call</p>	<p>9 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Group Fitness (W) Stretching Exercises (S) 2PM: BINGO 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>10 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Music Therapy: Happy Tunes (S&W) 2PM: Bell Choir Practice/ Manicures & Bubbly 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>11 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sittercise Workout (S&W) 2PM: Crafting Corner: Boo-tacular Arrangements 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call <small>Yom Kippur Begins</small></p>	<p>12 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sentimental Journey Sing Along (S&W) 2PM: Bingo 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>
<p>13 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2PM: Cookbook Creations 3:30PM: Social Hour 4:30PM: Neighborhood Visits</p>	<p>14 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (S) Ribbon Yoga (W) 2PM: Adoration 2:45PM: Scripture Study Group/ Puzzle Solvers: Crosswords 3:30PM: Social Hour 4PM: Mail Call / Room Visits <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>15 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (W) Chair Aerobics (S) 2PM: Crafting Corner: Halloween Wreaths 3:30PM: Social Hour 4PM: Neighborhood Visits Mail Call</p>	<p>16 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Group Fitness (W) Stretching Exercises (S) 2PM: BINGO 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call <small>Sukkot Begins</small></p>	<p>17 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Music Therapy: Happy Tunes (S&W) 2PM: Bell Choir Practice/ Afternoon Conversations 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>18 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sittercise Workout (S&W) <i>2:30PM: Go Pink For Breast Cancer</i> </p>	<p>19 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sentimental Journey (S&W) 2PM: Piano Recital w/ Chie 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>
<p>20 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2PM: Flip Card 3:30PM: Social Hour 4:30PM: Neighborhood Visits</p>	<p>21 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (S) Ribbon Yoga (W) 2PM: Adoration 2:45PM: Scripture Study Group/ Book Buzz: Short Stories 3:30PM: Social Hour 4PM: Mail Call / Room Visits</p>	<p>22 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (W) Chair Aerobics (S) 2PM: Resident Council 3:30PM: Social Hour 4PM: Neighborhood Visits Mail Call</p>	<p>23 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Group Fitness (W) Stretching Exercises (S) 2:30PM: Birthday Party w/ PE James 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>24 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Music Therapy: Happy Tunes (S&W) 2PM: Bell Choir Practice/ Afternoon Conversations 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call <small>Simchat Torah Begins</small></p>	<p>25 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sittercise Workout (S&W) 2PM: Musical Entertainment Jeff Thomas 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>26 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Sentimental Journey Sing Along (S&W) 2PM: Bingo 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>
<p>27 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Tai Chi & Mindfulness (S&W) 2PM: Sunday Spook fest "Haunted Mansion" 4:30PM: Neighborhood Visits</p>	<p>28 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Monster Mash (S&W) 2PM: Adoration 2:45PM: Scripture Study Group/ Puzzle Solvers: Jigsaw Puzzles 3:30PM: Social Hour 4PM: Mail Call / Room Visits</p>	<p>29 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Moving to the Oldies (W) Chair Aerobics (S) 2pm: Pumpkin Carving 3:30pm: Social Hour 4PM: Neighborhood Visits Mail Call</p>	<p>30 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Group Fitness (W) Stretching Exercises (S) 2PM: Witchy Caldron Bingo 3:30PM: Snacks and Chats 4PM: Neighborhood Visits Mail Call</p>	<p>31 9am: Morning Greetings/Daily Chronicle 10am: Daily Mass & Rosary 11am: Graveyard Creations "Dirt Cake" 2PM: Halloween Bash </p>	<p><i>"You don't waste October sunshine. Soon the old autumn sun would bed down in cloud blankets, and there would be weeks of gray rain before It finally decided to snow"</i> <i>Katherine Arden</i></p>	