

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Puzzles Coloring 10:30 Mass 2:00 Movie	4 9:30 Yoga 10:30 Mass 1:45 Craft 3:15 Bible Timeline 6:45 Cribbage	5 9:50 Stay Standing 10:30 Mass 11:15 Picnic Lunch at Lake Quinsigamond 2-3 Bookmobile 6:45 Scrabble	6 9:30 Help with equipment 10:00 Wordle 10:30 Mass Luau Lunch 11:45 BP Clinic 3:00 Pitch 6:45 Evening Reflection	7 9:30 Help with equipment 10:00 Wordle 10:30 Mass Luau Lunch 11:45 BP Clinic 3:00 Pitch 6:45 Evening Reflection	8 9:45 Morning Walk 10:30 Mass Mission Moments 11:30 Mindful Movement 1:15 LTC 3:00 Cocktail Hour 6:45 Cards Medical Trips	9 9:30 Wellness Yoga 10:00 Adoration 10:30 Mass 12:30 French Club 1:45 Left, Right, Center 10 Puzzles Coloring 9:30 How to become a person of God 10:00 Knit/Crochet 2:00 Games 3:00 Coffee with
Puzzles Coloring 10:30 Mass 2:00 Movie	11 9:30 Yoga 10:30 Mass 1:45 Enhabit Health talk 2:30 Crafts 6:45 Cribbage	12 9:50 Stay Standing 10:30 Mass 11:15 Lunch Trip 2:30 Activity Meeting 6:45 Scrabble	13 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Community Meeting 3:00 Pitch 6:45 Evening Reflection	14 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Community Meeting 3:00 Pitch 6:45 Evening Reflection	15 9:45 Morning Walk 10:30 Mass 11:30 Mindful Movement 1:15 LTC 2:00 Jerry's Ice Cream Truck 6:45 Cards Medical Trips	16 9:30 Wellness Yoga 10:30 Mass 12:30 French Club 2:30 Community Connections 17 Cruise into Family Fun 11:15 – 1:30 Crafts, Games, Photos, Face painting, Elvis, Lunch 2:00 Magic Show
Puzzles Coloring 10:00 Litany of the Heart of Mary 10:30 Mass 2:00 Movie	18 9:30 Yoga 10:30 Mass 1:45 Craft 3:15 Bible Timeline 6:30 Courtyard Concert	19 9:50 Stay Standing 10:30 Mass 12:45 Trip to Market Basket 2:30 Wii Bowling 6:45 Scrabble Foundation of Fitchburg PBVM	20 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Bingo 3:00 Pitch 6:45 Evening Reflection	21 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Bingo 3:00 Pitch 6:45 Evening Reflection	22 9:45 Morning Walk 10:30 Mass 11:30 Mindful Movement 1:15 LTC 3:00 Cocktail Hour 6:45 Cards Medical Trips	23 9:30 Wellness Yoga 10:30 Mass 12:30 French Club 2:00 Piano Music 3:00 A time for prayer 24 Puzzles Coloring 10:00 Knit/Crochet 3:00 Coffee with neighbors 4:00 SND's 175 Anniversary Mass
Puzzles Coloring 10:30 Mass 2:00 Movie	25 9:30 Yoga 10:30 Mass 11 – 3 Hearing Aid Clinic 1:45 Book Club 3:15 Bible Timeline 6:30 Cribbage	26 9:50 Stay Standing 10:30 Mass 12:45 Afternoon Trip to Greenhill Park 6:45 Scrabble	27 9:30 Help with equipment 10:00 Wordle 10:30 Mass 11:30 Men's Lunch 1:45 Bingo 3:00 Food Service Meeting 6:45 Evening Reflection	28 9:30 Help with equipment 10:00 Wordle 10:30 Mass 11:30 Men's Lunch 1:45 Bingo 3:00 Food Service Meeting 6:45 Evening Reflection	29 9:45 Morning Walk 10:30 Mass 11:30 Mindful Movement 1:15 LTC 2:00 Water Fun 6:45 Cards Medical Trips	30 9:30 Wellness Yoga 10:30 Mass 12:30 French Club 1:45 August Birthday Party 31 Puzzles Coloring 10:00 Knit/Crochet 2:00 Games 3:00 Coffee with neighbors

Activities are subject to change ~ Please check the bulletin board daily for any updates ~ Thank you