

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 Yoga 10:30 Mass 2:00 Left Right Center 2:30 Resident Council 3:30 Discerning the word 6:45 Cribbage Canada Day	<b>2</b> 9:50 Stay Standing 10:30 Mass 12:45 Trip to Market Basket 2:00 Women Rowing North 6:45 Scrabble	<b>3</b> 9:30 Help with equipment 10:00 Wordle 10:30 Mass <b>BBQ in the Courtyard</b> 11:45 BP Clinic 1:45 Bingo 3:00 Pitch 6:45 Evening Reflection	<b>4</b> Happy Independence Day! Independence Day (US)	<b>5</b> 9:30 Wellness Yoga 10:00 Adoration 10:30 Mass 12:30 French Club 2:00 Connect Four	<b>6</b> Puzzles Coloring 10:00 Knit/Crochet 2:00 Games 3:00 Coffee with neighbors
<b>7</b> Puzzles Coloring 10:30 Mass 2:00 Movie	<b>8</b> 9:30 Yoga 10:30 Mass 1:45 Enhabit Health talk 3:15 Discerning the word 6:45 Cribbage	<b>9</b> 9:50 Stay Standing 10:30 Mass 11:15 Lunch at Denise's 2-3 Bookmobile 2:00 Women Rowing North 6:45 Scrabble	<b>10</b> 9:30 Help with equipment 10:00 Wordle 10:30 Mass 11:15 Woo Sox 1:45 Community Meeting 3:00 6:45 Evening Reflection	<b>11</b> Computer Help 9:45 Morning Walk 10:30 Mass Mission Moments 11:30 Mindful Movement 1:15 LTC 2:00 World Population Program 3:00 Cocktail Hour Medical Trips 6:45 Cards	<b>12</b> 9:30 Wellness Yoga 10:30 Mass <b>Birth of St. Julie</b> 12:30 French Club 2:30 Community Connections 3:00 A time for prayer	<b>13</b> Puzzles Coloring 10:00 Knit/Crochet 2:00 Games 3:00 Coffee with neighbors
<b>14</b> Puzzles Coloring 10:30 Mass 2:00 Movie <b>Bastille Day</b>	<b>15</b> 9:30 Yoga 10:30 Mass 1:45 Family Fun Day Craft 3:30 Discerning the word 6:30 Courtyard Concert	<b>16</b> 9:50 Stay Standing 10:30 Mass 12:45 Trip to West End Dairy for Ice Cream 2:00 Women Rowing North 6:45 Scrabble	<b>17</b> 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Bingo 3:00 Pitch 6:45 Evening Reflection	<b>18</b> Computer Help 9:45 Morning Walk 10:30 Mass 11:30 Mindful Movement 1:15 LTC 2:00 Fr. Tom Fitzpatrick poetry presentation 6:45 Cards	<b>19</b> 9:30 Wellness Yoga 10:30 Mass 12:30 French Club 2:00 Scrabble	<b>20</b> Puzzles Coloring 10:00 Knit/Crochet 2:00 Bingo with Stacy 3:00 Coffee with neighbors
<b>21</b> Puzzles Coloring 10:30 Mass 2:00 Movie	<b>22</b> 9:30 Yoga 10:30 Mass 1:45 Birdhouse Craft 3:15 Discerning the word 6:45 Cribbage	<b>23</b> 9:50 Stay Standing 10:30 Mass 12:45 Trip to Market Basket 2:00 Women Rowing North 6:45 Scrabble	<b>24</b> 9:30 Help with equipment 10:00 Wordle 10:30 Mass 1:45 Bingo 3:00 Pitch 6:45 Evening Reflection	<b>25</b> Computer Help 9:45 Morning Walk 10:30 Mass 11:30 Mindful Movement 1:15 LTC 2:15 Indian Princess (tentative) Medical Trips 6:45 Cards	<b>26</b> 9:30 Wellness Yoga 10:30 Mass 12:30 French Club 1:45 July Birthday Party 3:00 A time for prayer <b>Summer Olympics</b>	<b>27</b> Puzzles Coloring 10:00 Knit/Crochet 2:00 Games 3:00 Coffee with neighbors
<b>28</b> Puzzles Coloring 10:30 Mass 2:00 Movie	<b>29</b> 9:30 Yoga 10:30 Mass 2:00 Sounds of Freedom Movie 2:00 Olympic Games 6:45 Cribbage	<b>30</b> 9:50 Stay Standing 10:30 Mass 11:15 Out to lunch 308 Lakeside 2:00 Women Rowing North 3:00 French Trivia 6:45 Scrabble	<b>31</b> 9:30 Help with equipment 10:00 Wordle 10:30 Mass 11:30 Men's Lunch 1:45 Bingo 3:00 Food Service Meeting 6:45 Evening Reflection	<h1>July 2024</h1> <h2>Traditional Activity Calendar</h2>		

Activities are subject to change ~ Please check the bulletin board daily for any updates ~ Thank you