

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Jukebox Fitness 2pm: Arm Chair Travels "Au Canada" 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections <i>Canada Day</i>	2 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tapping Tunes 2pm: Ageless Artists Patriotic Banners 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Courtyard Strolls	3 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Chair Drumming 2pm: Peachy Keen Day 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	4 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Ribbon Yoga 2pm: RED, WHITE & BLUE Afternoon Festivities in the Courtyard 	5 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Sentimental Journey w/Frank and Friends 2pm: Lemonade and Lyrics Courtyard Social 4pm: Music and Memories 6pm: Evening Reflections	6 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Let's Get Shaking 2pm In the Kitchen With Shannon 4pm: Music and Memories 6pm: Classic Sitcoms
7 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tai Chi & Mindfulness 2pm: Afternoons with Jen 3:30pm: Courtyard Conversations 4pm: Music and Movement/ Life Skills 6pm: Rosary and Hymns	8 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Deep Sea Stretches 2:30pm: Bopping with Robin 3:30pm: Afternoon Conversations 4pm: Discovery Shark Week Secrets of Tiger Sharks 6pm: Evening Reflections	9 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Sharks & Minnows 2pm: Ageless Artists Sea Shell Wreaths 3:30pm: Afternoon Conversations 4pm: Discovery Shark Week Monster Hammerheads 6pm: Evening Courtyard Strolls	10 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Seals in the Bucket Toss 12pm: Harmony Cook-Out 2pm: Brain Gym Exercises 3:30pm: Music with Heather 4pm: Discovery Shark Week Underwater Shipwreck Mysteries	11 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Shark Ball Parachute 2pm: Brain Gym Exercises 3:30pm: Music with Heather 4pm: Discovery Shark Week The GREAT WHITE Shark	12 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Sentimental Journey w/Frank and Friends 2:30: Sharkfest 2024 	13 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Let's Get Swimming 2pm: Brain Gym Exercises 3:30pm: Music with Heather 4pm: Discovery Shark Week Leopard Sharks: Walking on Land
14 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tai Chi & Mindfulness 2pm: Afternoons with Shannon 3:30pm: Courtyard Conversations 4pm: Music and Movement/ Life Skills 6pm: Rosary and Hymns	15 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Jukebox Fitness 2:30pm: Courtyard Conversations 3:30pm: Gardening 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	16 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tapping Tunes 2pm: Ageless Artists Painting Movements 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Rosary and Hymns	17 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Chair Drumming 2pm: Bowling League w/Jamie & Jill 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	18 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Ribbon Yoga 2pm: Bowling League w/Jamie & Jill 3:30pm: Afternoon Conversations 4pm: Down Memory Lane With Chie 6pm: Rosary and Hymns	19 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Sentimental Journey w/Frank and Friends 2pm: Lemonade and Lyrics Courtyard Social 4pm: Music and Memories 6pm: Evening Reflections	20 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Let's Get Shaking 2pm Music and Movement With Jamie 4pm: Afternoon Conversations Life Skills 6pm: Classic Sitcoms
21 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tai Chi & Mindfulness 2pm: Afternoons with Jamie 3:30pm: Courtyard Conversations 4pm: Music and Movement/ Life Skills 6pm: Rosary and Hymns	22 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Jukebox Fitness 2:30pm: Bopping with Robin 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	23 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tapping Tunes 2pm: Ageless Artists Cupcake Liner Fireworks 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Courtyard Strolls	24 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Chair Drumming 2:30pm: Birthday Party w/ PE James 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	25 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Ribbon Yoga 2:30pm: Harmony Courtyard Blessing & Reception 6pm: Rosary and Hymns	26 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Sentimental Journey w/Frank and Friends 2:30pm: Summer Olympic Opening Ceremonies 4pm: Music and Memories 6pm: Evening Reflections	27 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Let's Get Shaking 2pm Music and Movement With Shannon 4pm: Afternoon Conversations Life Skills 6pm: Classic Sitcoms
28 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tai Chi & Mindfulness 2pm: Afternoons with Shannon 3:30pm: Courtyard Conversations 4pm: Music and Movement/ Life Skills 6pm: Rosary and Hymns	29 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Jukebox Fitness 2:30pm: Summer Olympic Bingo 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	30 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Tapping Tunes 2pm: Ageless Artists Clothes Pin Planters 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Courtyard Strolls	31 9am: Morning Greetings 10am: Daily Mass and Rosary 11am: Chair Drumming 2pm: Cranium Crunches: Olympic Ring Mind Benders 3:30pm: Afternoon Conversations 4pm: Music and Movement/ Life Skills 6pm: Evening Reflections	<h1>July 2024</h1> <h2>Harmony Village Recreation Calendar</h2>		