

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Harmony Memory Care Neighborhood

September 2023 Harmony Memory Care Neighborhood						9:45 Hello Harmony! 10:30 Mass 11:15 Friday Fitness 1:00 Walking 1:45 Card Sharks! 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Spiritual Hymns 11:15 Music & Movement 1:00 Walking 1:30 Musical Movie 2:30 Refreshments 4:00 Musical Memories 6:00 Living Room Leisure
9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 2:00 Bowling 2:30 Refreshments 3:30 Musical Memories/walking 6:00 Living Room Leisure	Happy Labor Day 9:45 Hello Harmony! 10:30 Mass 11:15 Tai Chi 1:00 Walking 1:45 Occupations Word Game 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure Labor Day	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 One to One Visits 2:00 National Cheese Pizza Day: Make Your Own Mini Pizza! 2:30 Refreshments 3:30 Rosary 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Sit & Stretch 1:00 Walking 2:00 Boppin" for the Brain with Robin 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony 10:30 Mass 11:15 Music & Movement 1:00 Walking 1:45 Floral Arrangements 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Friday Fitness 1:00 Walking 1:45 Bingo 2:30 Refreshments 3:30 Music with Chuck D 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Spiritual Hymns 11:15 Music & Movement 1:00 Walking 1:30 Movie Matinee 2:30 Refreshments 4:00 Musical Memories 6:00 Living Room Leisure	
9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 2:00 Bowling 2:30 Refreshments 3:30 Musical Memories/walking 6:00 Living Room Leisure Grandparents Day	National Assisted Living Week: Season of Reflection 9:45 Hello Harmony! 10:30 Mass 11:15 Tai Chi 1:00 Walking 1:30 Music with David C 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 One to One Visits 2:00 Reflections: Fabulous Fifties Ice Cream Bar! 3:30 Rosary 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Sit & Stretch 1:00 Walking 2:00 Getting Crafty! 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 Walking 2:00 Wedding Reflections 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	School Days Reflections 9:45 Hello Harmony! 10:30 Mass 11:15 Friday Fitness 1:00 Walking 2:00 Opera Concert in the Chapel 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure Rosh Hashanah Begins	9:45 Hello Harmony! 10:30 Spiritual Hymns 11:15 Music & Movement 1:00 Walking 2:00 Music with Marty Sawyer 2:30 Refreshments 4:00 Musical Memories 6:00 Living Room Leisure Oktoberfest Begins	
9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 2:00 Bowling 2:30 Refreshments 3:30 Musical Memories/walking 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Tai Chi 1:00 Walking 1:45 Bingo! 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 Walking 2:00 September Scavenger Hunt! 2:30 Refreshments 3:30 Rosary 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:00 Out to Lunch Bunch: The Old Mill 11:15 Sit & Stretch 1:00 Walking 2:00 Boppin' for the Brain with Robin 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 One to One Visits 1:45 International Day of Peace Craft 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Friday Fitness 1:00 Walking 1:30 Music with John G 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Spiritual Hymns 11:15 Music & Movement 1:00 Walking 1:30 Movie Matinee 2:30 Refreshments 4:00 Musical Memories 6:00 Living Room Leisure Autumn Begins	
9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 2:00 Bowling 2:30 Refreshments 3:30 Musical Memories/walking 6:00 Living Room Leisure Yom Kippur	9:45 Hello Harmony! 10:30 Mass 11:15 Tai Chi 1:00 Walking 2:00 Welcome Autumn Social! 2:30 Refreshments 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 Walking 2:00 Countryfest with Music by Greg Peters 2:30 Refreshments 3:30 Rosary 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Sit & Stretch 11:30 Men's Lunch 1:00 Walking 2:30 Music with Jeff Thomas 3:30 Music & Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Music & Movement 1:00 Walking 1:45 Mocktails & Music 3:30 Musical Memories 6:00 Living Room Leisure	9:45 Hello Harmony! 10:30 Mass 11:15 Friday Fitness 1:00 Walking 1:45 Monthly Birthday Party 2:30 Refreshments 3:30 Musical Memories Sukkot Begins	9:45 Hello Harmony 10:30 Spiritual Hymns 11:15 Music & Movement 1:00 Walking 1:30 Movie Matinee 2:30 Refreshments 4:00 Musical Memories 6:00 Living Room Leisure	

"And then the sun took a step back, the leaves lulled themselves to sleep, and autumn awakened." -Raquel Franco