

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2023

## Notre Dame: Long-term Care Activities Calendar

<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11a Nostalgia w Nan 1p One-on-Ones: Mail Delivery 2p Bingo (ARD) 3p Wheel of Fortune (ARD) 4:30p Would you Rather (S&amp;W)</p> <p style="text-align: right;"><b>3</b></p>	<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Team Crossword (ARD) 4:30p Loaded Questions (S&amp;W)</p> <p style="text-align: right;"><b>4</b></p> <p style="text-align: center;">Labor Day</p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sittercise/Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Arts &amp; Crafts/Science (ADR) 3:30p Bible Trivia with Gina (S); Scruples (W) 4:30p Name 5/Family Feud (S&amp;W)</p> <p style="text-align: right;"><b>5</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Bingo (ADR) 3:30p Bible Trivia with Gina (W); Scruples (S) <b>4p Pet Therapy (S&amp;W)</b> 4:30p Creative Mind Play (S&amp;W)</p> <p style="text-align: right;"><b>6</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11a Happy Tunes (S) 11:15a Sit &amp; Fit (S) 1p One-on-Ones: Mail Delivery <b>2:30p Entertainment w Bill McCarthy (ADR)</b> 3p Word Teasers (ADR) 4:30p Connections- Puzzles (S&amp;W)</p> <p style="text-align: right;"><b>7</b></p>	<p><b>Happy Birthday, Richard!</b> 9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Board Games: Cribbage, Yatzee, Scrabble (ADR) 3p Story-Telling (ADR) 4:30p Scattegories/ABC Walk (S&amp;W)</p> <p style="text-align: right;"><b>1</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Balloon Games (S&amp;W) 1p One-on-Ones: Mail Delivery 2p TV Concert (via DVDs) (ADR) 4:30p Table Talk (S/W)</p> <p style="text-align: right;"><b>2</b></p>
<p><b>Happy Birthday, Julia!</b> 9a Daily Flyer/Chronicle/Perk Up 10a Mass 11a Nostalgia w Nan 1p One-on-Ones: Mail Delivery 2p Bingo (ARD) 3p Wheel of Fortune (ARD) 4:30p Would you Rather (S&amp;W)</p> <p style="text-align: right;"><b>10</b></p> <p style="text-align: center;">Grandparents Day</p>	<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Adoration (ADR) 2:45-3:30p Team Crossword (ARD) 4:30p Loaded Questions (S&amp;W) <b>6:30p Entertainment with Bill McArthy (ADR)</b></p> <p style="text-align: right;"><b>11</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sittercise/Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Arts &amp; Crafts/Science (ADR) 3:30p Bible Trivia with Gina (S); Scruples (W) 4:30p Name 5/Family Feud (S&amp;W)</p> <p style="text-align: right;"><b>12</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Bingo (ADR) 3:30p Bible Trivia with Gina (W); Scruples (S) 4:30p Creative Mind Play (S&amp;W)</p> <p style="text-align: right;"><b>13</b></p>	<p><b>Happy Birthday, Margaret S!</b> 9a Daily Flyer/Chronicle 10a Mass 11a Happy Tunes (W) 11:15a Sit &amp; Fit (S) 1p One-on-Ones: Mail Delivery 2p Music Program w Chie (ADR) 3p Word Teasers (ADR) 4:30p Connections- Puzzles (S&amp;W)</p> <p style="text-align: right;"><b>14</b></p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Board Games: Cribbage, Yatzee, Scrabble (ADR) 3p Story-Telling (ADR) 4:30p Scattegories/ABC Walk (S&amp;W)</p> <p style="text-align: right;"><b>15</b></p> <p style="text-align: center;">Oktoberfest Begins</p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Bean Bag Games (S&amp;W) 1p One-on-Ones: Mail Delivery 2p TV Concert (via DVDs) (ADR) 4:30p Table Talk (S/W)</p> <p style="text-align: right;"><b>16</b></p>
<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11a Nostalgia w Nan 1p One-on-Ones: Mail Delivery 2p Bingo (ARD) 3p Wheel of Fortune (ARD) 4:30p Would you Rather (S&amp;W)</p> <p style="text-align: right;"><b>17</b></p>	<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Adoration (ADR) <b>3p Resident Council (ADR)</b> 4:30p Loaded Questions (S&amp;W)</p> <p style="text-align: right;"><b>18</b></p>	<p><b>Happy Birthday, Beverly L!</b> 9a Daily Flyer/Chronicle 10a Mass 11:15a Sittercise/Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery <b>2p Entertainment w Heather Ralston (ADR)</b> 3:30p Bible Trivia with Gina (S); Scruples (W) 4:30p Name 5/Family Feud (S&amp;W)</p> <p style="text-align: right;"><b>19</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass (ADR) 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Bingo (ADR) 3:30p Bible Trivia with Gina (W); Scruples (S) <b>4p Pet Therapy (S&amp;W)</b> 4:30p Creative Mind Play (S&amp;W)</p> <p style="text-align: right;"><b>20</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11a Happy Tunes (S) 11:15a Sit &amp; Fit (S) 1p One-on-Ones: Mail Delivery 2p Name that Tune (ARD) 3p Word Teasers (ARD) 4:30p Connections- Puzzles (S&amp;W)</p> <p style="text-align: right;"><b>21</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery <b>2p Notre Dame Store (ADR)</b> 3p Story-Telling (ADR) 4:30p Scattegories/ABC Walk (S&amp;W)</p> <p style="text-align: right;"><b>22</b></p> <p style="text-align: center;">Autumn Begins</p>	<p><b>Happy Birthday, Marie D!</b> 9a Daily Flyer/Chronicle 10a Mass 11:15a Bean Bag Games (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Piano Concert (ADR) 4:30p Table Talk (S&amp;W)</p> <p style="text-align: right;"><b>23</b></p>
<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11a Nostalgia w Nan 1p One-on-Ones: Mail Delivery 2p Bingo (ARD) 3p Wheel of Fortune (ARD) 4:30p Would you Rather (S&amp;W)</p> <p style="text-align: right;"><b>24</b></p> <p style="text-align: center;">Yom Kippur Begins</p>	<p>9a Daily Flyer/Chronicle/Perk Up 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery 2p Adoration (ADR) 2:45-3:30p Team Crossword (ARD) 4:30p Loaded Questions (S&amp;W)</p> <p style="text-align: right;"><b>25</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sittercise/Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery <b>2p Artist Expressions with Elisha (ADR)</b> 3:30p Bible Trivia with Gina (S); Scruples (W) 4:30p Name 5/Family Feud (S&amp;W)</p> <p style="text-align: right;"><b>26</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) 1p One-on-Ones: Mail Delivery <b>2:30p Monthly Birthday Party &amp; Entertainment w PE James (ADR)</b> 3:30p Bible Trivia with Gina (W); Scruples (S) 4:30p Creative Mind Play (S&amp;W)</p> <p style="text-align: right;"><b>27</b></p>	<p><b>Happy Birthday, James G!</b> 9a Daily Flyer/Chronicle 10a Mass 11a Happy Tunes (W) 11:15a Sit &amp; Fit (S) 1p One-on-Ones: Mail Delivery 2p Music Picture Game (ARD) 3p Word Teasers (ARD) 4:30p Connections- Puzzles (S&amp;W)</p> <p style="text-align: right;"><b>28</b></p>	<p>9a Daily Flyer/Chronicle 10a Mass 11:15a Sit/Fit or Music-Motion (S&amp;W) (S)1p One-on-Ones: Mail Delivery 2p Board Games: Cribbage, Yatzee, Scrabble (ADR) <b>3p Heart Day Happy Hour (ADR)</b> 4:30p Scattegories/ABC Walk (S&amp;W)</p> <p style="text-align: right;"><b>29</b></p> <p style="text-align: center;">Sukkot Begins</p>	<p>9a Daily Flyer/Chronicle <b>10a-2p Mass Followed by Sister's Jubilee</b> 1p One-on-Ones: Mail Delivery 2:30p TV Concert (via DVDs) (ADR) 4:30p Table Talk (S/W)</p> <p style="text-align: right;"><b>30</b></p>