



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:45am Morning Greeting
10:15am Mass
11:15am Gentle Stretch to
50s Love Music
1:30pm Trivia
2:30pm Refreshments
3:30pm Classic Programs
4:30pm Walking Group/Ball
6:00pm Resident Choice

9:45am Morning Greeting **1**
10:15am Mass
11:15am Yoga Class
1:30pm BINGO with Paul
2:30pm Refreshments
3:30pm Cognitive "What are
they thinking?"
4:30pm Walking Group

May Day

9:45am Morning Greeting **2**
10:15am Mass
11:15am Standing Balance
Exercises
1:30pm Craft-Wooden
Projects Painting
2:30pm Refreshments
3:30pm Rosary with Judi
4:30pm Walking group
6:00pm Beverly HillBillies

9:45am Morning Greeting **3**
10:15am Mass
11:15am Strength Training
1:30pm Music with John G
2:30pm Refreshments
3:00pm Movie Matinee
4:30pm Walking
group/Balloon
6:00pm Resident Choice

9:45am Morning Greeting **4**
10:15am Mass/Hair Parlor
11:15am Stretching Group
1:30pm Kentucky Derby Party
2:30pm Refreshments
3:00pm Memory Lane
4:00pm Exercise Machines
(AL)
6:00pm Jeopardy

9:45am Morning Greeting **5**
10:15am Mass
11:15am Chair
Dance/Stretching
1:30pm Craft/Task
2:30pm Refreshments
3:30pm Nails with Marietta
4:30pm Walking Group
6:00pm Jeopardy

Cinco de Mayo

9:45am Morning Greeting **6**
10:15 Reminisce Discussion
11:15am Seated Stretching
(DVD)
1:30pm Board Games!
2:30pm Refreshments
3:30pm Sing Along
4:30pm Walking group
6:00pm Jeopardy

9:45am Morning Greeting **7**
10:15am Mass
11:15am Gentle Stretch
1:30pm Trivia
2:30pm Refreshments
3:30pm Classic Programs
4:30pm Walking Group/Ball
6:00pm Resident Choice

9:45am Morning Greeting **8**
10:15am Mass
11:15am Yoga Class
1:30pm BINGO with Paul
2:30pm Music with Jim P
3:30pm Sensory/Relaxation
4:30pm Walking Group
6:00pm Wheel of Fortune

9:45am Morning Greeting **9**
10:15am Mass
11:15am Standing Balance
Exercises
1:30pm Craft-
2:30pm Refreshments
3:30pm Rosary with Judi
4:30pm Walking group
6:00pm Beverly HillBillies

9:45am Morning Meeting **10**
10:15am Mass
11:15am Strength Training
2:00pm Movement with Robin
3:00pm Refreshments
3:15pm Movie Matinee
4:30pm Walking
group/Balloon
6:00pm Resident Choice

9:45am Morning greeting **11**
10:15am Mass/Hair Parlor
11:15am Stretching Group
1:30pm Craft-Shading
"Reminiscing My Mother"
2:30pm Refreshments
3:00pm Memory Lane
4:00pm Exercise Machines
(AL)
6:00pm Jeopardy

9:45am Morning Greeting **12**
10:15am Mass
11:15am Chair
Dance/Stretching
1:30pm Craft/Task
**2:30pm Mothers Day
Creamsicle Floats**
3:30pm Nails with Marietta
4:30pm Walking Group
6:00pm Jeopardy

9:45am Morning Greeting **13**
10:15 Reminisce Discussion
11:15am Seated Stretching
(DVD)
1:30pm Board Games!
2:30pm Refreshments
3:30pm Sing Along
4:30pm Walking group
6:00pm Jeopardy

9:45am Morning Greeting **14**
10:15am Mass
11:15am Gentle Stretch
1:30pm Mothers Day Craft
**2:30pm Mothers Day
Cupcakes**
3:30pm Classic Programs
4:30pm Walking Group/Ball

Mother's Day
National Skilled Nursing Week

9:45am Morning Greeting **15**
10:15am Mass
11:15am Yoga Class
1:30pm BINGO with Paul
2:30pm Refreshments
3:30pm Sensory/Relaxation
4:30pm Walking Group
6:00pm Wheel of Fortune

9:45am Morning Greeting **16**
10:15am Mass
11:15am Standing Balance
Exercises
1:30pm Craft-
2:00pm Jolly Jills Chorus
3:30pm Rosary with Judi
4:30pm Walking group
6:00pm Beverly HillBillies

9:45am Morning Meeting **17**
10:15am Mass
11:15am Strength Training
2:00pm Movement with Robin
3:00pm Refreshments
3:15pm Movie Matinee
4:30pm Walking
group/Balloon
6:00pm Resident Choice

9:45am Morning greeting **18**
10:15am Mass/Hair Parlor
11:15am Stretching Group
1:30pm Music with David C
2:30pm Refreshments
3:00pm Memory Lane
4:00pm Exercise Machines
(AL)
6:00pm Jeopardy

9:45am Morning Greeting **19**
10:15am Mass
11:15am Chair
Dance/Stretching
1:30pm Craft/Task
2:30pm Refreshments
3:30pm Nails with Marietta
4:30pm Walking Group
6:00pm Jeopardy

9:45am Morning Greeting **20**
10:15 Reminisce Discussion
11:15am Seated Stretching
(DVD)
1:30pm Board Games!
2:30pm Refreshments
3:30pm Sing Along
4:30pm Walking group
6:00pm Jeopardy

Armed Forces Day

9:45am Morning Greeting **21**
10:15am Mass
11:15am Gentle Stretch
1:30pm Trivia
2:30pm Refreshments
3:30pm Classic Programs
4:30pm Walking Group/Ball
6:00pm Resident Choice

9:45am Morning Greeting **22**
10:15am Mass
11:15am Yoga Class
1:30pm BINGO with Paul
2:30pm Refreshments
3:00pm Music with Jeff T
4:30pm Walking Group
6:00pm Wheel of Fortune

Victoria Day (Canada)

9:45am Morning Greeting **23**
10:15am Mass
11:15am Standing Balance
Exercises
1:30pm Craft
2:30pm Refreshments
3:30pm Rosary with Judi
4:30pm Walking group
6:00pm Beverly HillBillies

9:45am Morning Meeting **24**
10:15am Mass
11:15am Strength Training
1:30pm Craft/Task
2:30pm Refreshments
3:00pm Movie Matinee
4:30pm Walking
group/Balloon
6:00pm Resident Choice

9:45am Morning greeting **25**
10:15am Mass/Hair Parlor
11:15am Stretching Group
**12:00pm Staff/Resident Pizza
Party**
**1:45pm May Birthday
Celebrations (AL)**
2:30pm Refreshments
3:00pm Memory Lane

9:45am Morning Greeting **26**
10:15am Mass
11:15am Chair
Dance/Stretching
1:30pm Craft/Task
2:30pm Refreshments
3:30pm Nails with Marietta
4:30pm Walking Group
6:00pm Jeopardy

9:45am Morning Greeting **27**
10:15 Reminisce Discussion
11:15am Seated Stretching
(DVD)
1:30pm Board Games!
2:30pm Refreshments
3:30pm Sing Along
4:30pm Walking group
6:00pm Jeopardy

9:45am Morning Greeting **28**
10:15am Mass
11:15am Gentle Stretch
1:30pm Trivia
2:30pm Refreshments
3:30pm Classic Programs
4:30pm Walking Group/Ball
6:00pm Resident Choice

9:45am Morning Greeting **29**
10:15am Mass
11:15am Yoga Class
1:30pm BINGO with Paul
2:30pm Music with Chuck D
3:30pm Sensory/Relaxation
4:30pm Walking Group
6:00pm Wheel of Fortune

Memorial Day

9:45am Morning Greeting **30**
10:15am Mass
11:15am Standing Balance
Exercises
1:30pm Craft-
2:30pm Refreshments
3:30pm Rosary with Judi
4:30pm Walking group
6:00pm Beverly HillBillies

9:45am Morning Meeting **31**
10:15am Mass
11:15am Strength Training
1:30pm Craft/Task
2:30pm Refreshments
3:00pm Movie Matinee
4:30pm Walking
group/Balloon
6:00pm Resident Choice

May 2023

Harmony Neighborhood