

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




1
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Pool Noodle Yoga
2pm: Broomstick Shuffle Board
 3:30pm: Snacks & Chats
 4pm: Classic Sing Along
 May Day

2
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Jukebox Fitness
2pm: May Flower Arrangements
 3:30pm: Snacks & Chats
 4pm: Musical Stretches

3
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sit n' Fit Fitness
2:30pm:Acoustic Sounds of Gregory Peters
 3:30pm: Snacks & Chats
 4pm: Musical Relaxation

4
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Movin' and Grooving
2pm: Scents and Sensory
 3:30pm: Down Memory Lane with Chie

5
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sentimental Journey with Frank & Friends
2pm: Maracas and Margaritas
 3:30pm: Music & Movement
 Cinco de Mayo

6
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Musical Exercise
2pm: Songs of the Kentucky Derby
 3:30pm:Snacks and Chats


7
 9am: Morning Greetings
 10am: Morning Mass
 11am: Nostalgia with Nan
2pm: Afternoon Movie
 3:30pm:Snacks and Chats
 4pm: Lawrence Welk

8
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Pool Noodle Yoga
2pm: Ageless Artists: Andy Warhol's Pop Art
 3:30pm: Snacks & Chats
 4pm: Classic Sing Along

9
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Jukebox Fitness
2pm: Craft Corner
 3:30pm: Snacks & Chats
 4pm: Musical Stretches

10
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sit n' Fit Fitness
2:30pm: Scents & Sensory
 3:30pm: Pet Therapy
 4pm: Musical Relaxation

11
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Movin' and Groovin
2pm: Calling all Bakers No Bake Treats
 3:30pm: Down Memory Lane with Chie


12
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sentimental Journey with Frank & Friends
2pm: Ice Cream Soda Social
 3:30pm:Music and Movement

13
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Let's Get Moving
2pm: Art & Music with Jamie
 3:30pm:Snacks and Chats
 4pm: Classic Sitcoms

14
 9am: Morning Greetings
 10am: Morning Mass
 11am: Nostalgia with Nan
2pm: Mother's Day Tea Social


15
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Pool Noodle Yoga
2pm: 9 Pin Bowling
 3:30pm: Snacks & Chats
 4pm: Classic Sing Along
6:30pm: Evening in the Courtyard

16
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Jukebox Fitness
2:30pm: Music with Heather
 3:30pm: Snacks & Chats
 4pm: Musical Stretches

17
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sit n' Fit Fitness
2:30pm: Calling all Bakers "Cherry Cobbler Day"
 3:30pm: Snacks & Chats
 4pm: Musical Relaxation

18
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Movin' and Groovin
2pm: Scents and Sensory
 3:30pm: Down Memory Lane with Chie

19
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sentimental Journey with Frank & Friends
2pm: Ice Cream Soda Social
 3:30pm: Music and Movement

20
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Musical Exercise
2pm: Celebration of the Armed Forces Concert
 3:30pm:Snacks and Chats
 Armed Forces Day

21
 9am: Morning Greetings
 10am: Morning Mass
 11am: Nostalgia with Nan
2pm: Afternoon Movie
 3:30pm:Snacks and Chats
 4pm: Lawrence Welk

22
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Pool Noodle Yoga
2pm: Ageless Artists:
 3:30pm: Snacks & Chats
 4pm: Classic Sing Along
 Victoria Day (Canada)

23
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Jukebox Fitness
2pm: Craft Corner
 3:30pm: Snacks & Chats
 4pm: Musical Stretches

24
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sit n' Fit Fitness
2:30pm: Scents & Sensory
 3:30pm: Snacks & Chats
 4pm: Musical Relaxation

25
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Movin' and Groovin
2pm: Calling all Bakers
 3:30pm: Down Memory Lane with Chie

 Shavuot Begins

26
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sentimental Journey with Frank & Friends
2pm: Ice Cream Soda Social
 3:30pm: Music and Movement

27
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Let's Get Moving
2pm: Art & Music with Jamie
 3:30pm:Snacks and Chats
 4pm: Classic Sitcoms

28
 9am: Morning Greetings
 10am: Morning Mass
 11am: Nostalgia with Nan
2pm: Afternoon Spring Bingo
 3:30pm:Snacks and Chats
 4pm: Lawrence Welk

29
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Red, White & Blue Marching Fitness
2pm: Memorial Day Social
 3:30pm: Snacks & Chats
 4pm: Classic Sing Along
 Memorial Day

30
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Jukebox Fitness
2pm: Craft Corner
 3:30pm: Snacks & Chats
 4pm: Musical Stretches

31
 9am: Morning Greetings
 10am: Morning Mass & Rosary
 11am: Sit n' Fit Fitness
2:30pm: Scents & Sensory
 3:30pm: Snacks & Chats
 4pm: Musical Relaxation

May 2023

Harmony Village Recreation Calendar