

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:45AM Morning Greeting 10:15AM Mass 11:15AM Standing Balance -Bowling 1:30PM Craft- Rubber Stamping 2:30PM Refreshments 3:30PM Meditation with Judi 4:00PM Sensory/ Whats in the bag? 4:45PM Walking Group 6:00PM TV-"I Love Lucy"	9:45AM Morning Greeting 10:15AM Mass 11:15AM Gentle Stength Training 1:30PM Task-Flower Arranging/Craft 2:00PM Music with John Caponigro 3:00PM Meet me at the movies 4:15PM Sensory- Aromatherapy 4:45PM Walking Group 6:00PM Jeopardy	9:45AM Morning Greeting 10:15AM Mass 10:30AM Beauty Parlor 11:15AM Stretching with Cognitive 1:30PM Task- Baking with Mel & Paul 2:30PM Refreshments 3:00PM Memory Lane 4:00PM Leisure- Words From A Word 4:45PM Walking Group	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching to relaxing music 1:30PM Task or light craft 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Puzzles/Games 4:45PM Walking Group 6:00PM TV Residents Choice	9:45PM Morning Greeting 10:00AM Daily Chronicle 11:15AM Chair Dance (Video) 1:30PM Manicures 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Name That Tune 4:45pm Walking Group 6:00pm Meet Me At The Movies
9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching 1:30PM Trivia 2:30PM Refreshments 3:00PM Quiet Time/Sensory 3:30PM Classic Movie or Puzzles 6:00PM The British Baking Show (Netflix) Daylight Saving Time Ends	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Yoga/Balloon 1:30PM BINGO with Paul 2:30 PM Pet Therapy with Abby 3:00PM Sensory-Relaxation Music 4:00PM Leisure- Connect Four/Picture Memory 4:45PM Walking Group 6:00PM Wheel of Fortune	9:45AM Morning Greeting 10:15AM Mass 11:15AM Standing Balance Exercises 1:45PM Farm Visits (With Traditional) 2:30PM Refreshments 3:00PM Music with Jim Porcella 4:00PM Sensory/ Whats in the bag? 6:00PM TV-"I Love Lucy"	9:45AM Morning Greeting 10:15AM Mass 11:15AM Gentle Stength Training 1:30PM Craft- Gratuity Trees 2:30PM 50's Social /Refreshments 3:00PM Meet me at the movies 4:15PM Sensory- Aromatherapy 4:45PM Walking Group 6:00PM Jeopardy	9:45AM Morning Greeting 10:15AM Mass 10:30AM Beauty Parlor 11:15AM Stretching with Cognitive 1:30PM Task- Baking with Mel & Paul 2:30PM Refreshments 3:00PM Memory Lane 4:00PM Leisure-Music Sing Along 4:45PM Walking Group	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching to relaxing music 1:30PM Task or light craft 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Puzzles/Games 4:45PM Walking Group Veterans Day Remembrance Day (Canada)	9:45AM Morning Greeting 10:00AM Daily Chronicle 11:15AM Chair Dance (Video) 1:30PM Manicures 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Short Stories 4:45pm Walking Group 6:00pm Meet Me At The Movies
9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching 1:30PM Craft of choice 2:30PM Refreshments 3:00PM Quiet Time/Sensory 3:30PM Classic Movie or Puzzles 6:00PM The British Baking Show (Netflix)	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Yoga/Balloon 1:30PM BINGO with Paul 2:30 PM Refreshments 3:00PM Sensory-Relaxation Music 4:00PM Leisure-Family Feud 4:45PM Walking Group 6:00PM Wheel of Fortune	9:45AM Morning Greeting 10:15AM Mass 11:15AM Standing Balance -Target Toss 1:30PM Craft- Beaded necklace making 2:00PM Jolly Jills Chorus Ladies 3:30PM Meditation with Judi 4:00PM Sensory/ Whats in the bag? 6:00PM TV- "I Love Lucy"	9:45AM Morning Greeting 10:15AM Mass 11:15AM Gentle Stength Training 1:30PM Music with John Guido 2:30PM 50's Social /Refreshments 3:00PM Meet me at the movies 4:15PM Sensory- Aromatherapy 4:45PM Walking Group 6:00PM Jeopardy	9:45AM Morning Greeting 10:15AM Mass 10:30AM Beauty Parlor 11:15AM Stretching with Cognitive 1:30PM Task- Baking with Mel & Paul 2:30PM Refreshments 3:00PM Pet Therapy with Remi 4:00PM Leisure- Reading "Good Ol Days" 4:45PM Walking Group	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching to relaxing music 1:30PM Task or light craft 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Puzzles/Games 4:45PM Walking Group 6:00PM TV Residents Choice	9:45AM Morning Greeting 10:00AM Daily Chronicle 11:15AM Chair Dance (Video) 1:30PM Manicures 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Name That Tune 4:45pm Walking Group 6:00pm Meet Me At The Movies
9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching 1:30PM Trivia 2:30PM Refreshments 3:00PM Quiet Time/Sensory 3:30PM Classic Movie or Puzzles 6:00PM The British Baking Show (Netflix)	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Yoga/Balloon 1:00PM BINGO with Paul 2:00PM Music with Chuck D 2:30 PM Refreshments 3:00PM Sensory-Relaxation Music 4:00PM Leisure-Card Games 4:45PM Walking Group 6:00PM Wheel of Fortune	9:45AM Morning Greeting 10:15AM Mass 11:15AM Standing Balance- Bowling 1:30PM Craft- Painting Turkeys 2:30PM Native American Flutes with Merrilynn B 3:30PM Meditation with Judi 4:00PM Sensory/ Whats in the bag? 6:00PM TV-"I LÖve Lucy"	9:45AM Morning Greeting 10:15AM Mass 11:30AM Harmony Luncheon at Jimmy's Tavern and Grill 1:30PM Task-Flower Arranging/Craft 2:30PM 50's Social /Refreshments 3:00PM Meet me at the movies 4:15PM Sensory- Aromatherapy 4:45PM Walking Group 6:00PM Jeopardy	9:45AM Morning Greeting 10:15AM Mass 10:30AM Beauty Parlor 11:15AM Stretching with Cognitive 1:30PM Task- Baking 2:30PM Refreshments 3:00PM Memory Lane 4:00PM Leisure- Music Sing Along 4:45PM Walking Group Thanksgiving Day (US)	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching to relaxing music 1:30PM Task or light craft 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Puzzles/Games 4:45PM Walking Group 6:00PM TV Residents Choice	9:45AM Morning Greeting 10:00AM Daily Chronicle 11:15AM Chair Dance (Video) 1:30PM Manicures 2:30PM Refreshments 3:00PM Quiet Time/Sensory 4:00PM Leisure-Short Stories 4:45pm Walking Group 6:00pm Meet Me At The Movies
9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Stretching 1:30PM Craft of choice 2:30PM Refreshments 3:00PM Quiet Time/Sensory 3:30PM Classic Movie or Puzzles 6:00PM The British Baking Show (Netflix)	9:45AM Morning Greeting 10:15AM Mass 11:15AM Seated Yoga/Balloon 1:30PM BINGO with Paul 2:30 PM Refreshments 3:00PM Sensory-Relaxation Music 4:00PM Leisure-Take a Penny Game 4:45PM Walking Group 6:00PM Wheel of Fortune	9:45AM Morning Greeting 10:15AM Mass 11:15AM Standing Balance-Target Toss 1:30PM Music with Jeff Thomas 2:30PM Refreshments 3:30PM Meditation with Judi 4:00PM Sensory/ Whats in the bag? 6:00PM TV-"I Love Lucy"	9:45AM Morning Greeting 10:15AM Mass 11:15AM Gentle Stength Training 1:30PM Task-Flower Arranging/Craft 2:30PM 50's Social /Refreshments 3:00PM Meet me at the movies 4:15PM Sensory- Aromatherapy 4:45PM Walking Group 6:00PM Jeopardy	<div>November 2022</div>		