



Notre Dame du Lac Assisted Living Center's  
Calendar of Activities  
**Sunday, January 16 – January 22**

**Daily Breakfast 7:30 – 9:30**

**Lunch: First Seating 11:15 Second Seating 12:30**

**Dinner: First Seating 4:15 – Second Seating 5:30**

**General Store Hours – Tuesday, Wednesday & Thursday 12:00 – 12:45**

**Sunday, January 16**

**10:30am Sunday Mass ~ Chapel - 2nd floor**

**2:00pm Movie Matinee: “Minari”**

2020 – Drama – PG-13, 1 hour, 55 minutes

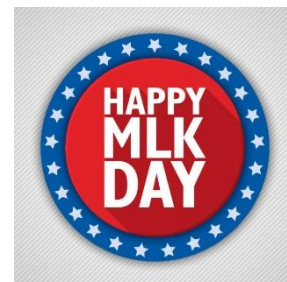
See bulletin board for details ~ Activity Room – 2<sup>nd</sup> floor

**Monday, January 17 – Martin Luther King Jr. Day**

**1:45pm Make a snowman door decoration with Gina**  
**~ Activity Room – 2<sup>nd</sup> floor**

**6:15pm Rosary ~ Chapel – 2<sup>nd</sup> floor**

**6:30 pm Evening Prayer with Communion Service**  
**~ Chapel – 2<sup>nd</sup> floor**



**Tuesday, January 18**

**9:50 am Stay Standing – 20 Minute Leg Strengthening & Balance Class**  
**with Denise ~ Activity Room ~ 2<sup>nd</sup> floor**

**10:30 am Mass ~ Chapel – 2<sup>nd</sup> floor**

**12:45pm Trip to CVS West Boylston ~ Sign up a front desk**

## Wednesday, January 19

10:30 am Mass ~ Chapel – 2<sup>nd</sup> floor

12:15 pm **Trip to American Heritage Museum**



~ Cost per person is \$18.00 and can be paid at the museum ~ Sign up at front desk

1:45 pm Pay to play Bingo with Gina

- \$1.00 to play ~ Activity Room – 2<sup>nd</sup> floor

## Thursday, January 20

10:30am Trip to Shrewsbury Library ~ Sign up at front desk

10:00am **Morning walk with Denise ~ Meet in Lobby**

1:45pm Activity Meeting ~ all residents welcome ~ Bring your ideas!

6:15pm **Rosary ~ Chapel – 2<sup>nd</sup> floor**

6:30 pm **Evening Prayer with Communion Service**

~ Chapel – 2<sup>nd</sup> floor

## Friday, January 21

10:30 am Mass ~ Chapel – 2<sup>nd</sup> floor



1:45 pm **Scrabble ~ Activity Room – 2<sup>nd</sup> floor**

## Saturday, January 22

Puzzles on your own ~ Third floor living room

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Activities are subject to change. We apologize in advance for any inconveniences to changes that may happen.

**Please Check the Main Bulletin Board for any changes**

~ Thank you ~