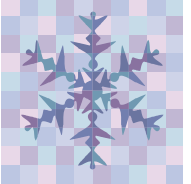


# Notre Dame Long Term Care Activities Calendar January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p><b>1 Happy New Year!</b>                      9:00 Meet and Greet                      10:00 Mass/Rosary                      11:00 Jeopardy (youtube) SW                      11:15 Crafting WW                      2-4 Movie Matinee "New Year's Eve"                      2:30 "Off to the Races"SW                      3:45 Snack Time</p>
<p><b>2</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass                      10:30 Nostalgia by Nan                      11:00 Guided Meditation (youtube) SW                      11:15 Music and Movement WW                      2-4 Movie Matinee WW                      2:15 Music Bingo SW                      3:30 Snack Time SW</p>	<p><b>3</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Exercise Group SW                      11:00 Flower Arranging WW                      2:00 Dining Committee Meeting SW                      2-3Art Expression WW                      3-4 Crafting WW                      3:45 Holy Hour of Peace (Channel 13)</p>	<p><b>4</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Chair Yoga WW                      11:00 Yoga Ball Drumming SW                      2-4 Armchair Travel to Spain SW                      2:00 Bingo WW                      3:30 Cookie Social WW,SW</p>	<p><b>5</b> 9:00 Meet and Greet newspaper,mail,chronicle                      10:00 Mass/Rosary                      11:00 Brain Games SW                      11:00 Yogaball Drumming WW                      2:00 Manicures SW                      2:00 Entertainment w/PE James WW                      3:30 Hot Cocoa Social SW,WW</p>	<p><b>6</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      Mass/Rosary                      11:00 Happy Tunes WW                      11:00 This or That Game SW                      2:00 Bingo SW                      2:00 Drumming Group WW                      3:30 Soothing Sounds WW                      3:30 Tea Time SW</p>	<p><b>7</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Crossword Puzzles SW                      11:00 White Board Games WW                      2:00 Snowball Fight WW                      2-3Art Expression SW                      3-4 Crafting SW                      3:30 Happy Hour WW</p>	<p><b>8</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Jeopardy (youtube)SW                      11:15 Crafting WW                      2:00 Bingo WW                      3:15 Perry Commo Music (youtube) WW                      3:30 Bingo SW</p>
<p><b>9</b> 10:00 Mass                      10:30 Nostalgia by Nan                      11:00 Guided Meditation (youtube) SW                      11:15 Exercise Group WW                      2:00                      2:15 Bingo WW                      3:30 Snack Time WW</p>	<p><b>10</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Exercise Group SW, WW                      2-3Art Expression WW                      3-4 Crafting WW                      2:30 Entertainment w/ Bill McCarthy SW                      3:45 Holy Hour of Peace (Channel 13)</p>	<p><b>11</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Chair Yoga WW                      11:00 Yoga Ball Drumming SW                      2:00 Bingo WW                      2:00 Pokeno SW                      3:30 Cookie Social WW,SW</p>	<p><b>12</b> 9:00 Meet and Greet newspaper,mail,chronicle                      10:00 Mass/Rosary                      11:00 Brain Games SW                      11:00 Yogaball Drumming WW                      2:00 Manicures SW,WW                      3:30 Hot Cocoa Social SW,WW</p>	<p><b>13</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Happy Tunes WW                      11:00 Chair Yoga SW                      2:00 Music Picture Game WW                      2:00 Pokeno SW                      3:30 Tea Time SW3:30 Soothing Sounds WW</p>	<p><b>14</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Card Games SW                      11:00 White Board Games WW                      2-4 "The Marriage of Figaro" Opera Event w/ wine WW                      2-3Art Expression SW                      3-4 Crafting SW                      3:30 Happy Hour WW</p>	<p><b>15</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary (Ch 13)                      11:00 Jeopardy (youtube)SW                      11:15 Happy Tunes WW                      2:00 Jeopardy WW (youtube)                      2:15 Music Bingo SW                      3:30 Happy Tunes SW</p>
<p><b>16</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass                      10:30 Nostalgia by Nan                      11:00 Guided Meditation (youtube) SW                      11:15 Music and Movement WW                      2-4 Movie Matinee WW                      2:15 Music Bingo SW                      3:30 Snack Time SW</p>	<p><b>17</b> <u>Martin Luther King Day</u>                      10:00 Mass/Rosary                      11:00 Exercise Group WW                      11:00 Flower Arranging SW                      2:00 Documentary on Martin Luther King SW                      2:00 Entertainment w/ Dave Mindell WW                      3:45 Holy Hour of Peace</p>	<p><b>18</b> 10:00 Mass/Rosary                      11:00 Chair Yoga WW                      11:00 Yoga Ball Drumming SW                      2:00 Bingo WW                      2:00 Pokeno SW                      3:30 Cookie Social WW,SW</p>	<p><b>19</b> 9:00 Meet and Greet newspaper,mail,chronicle                      10:00 Mass/Rosary                      11:00 Brain Games SW                      11:00 Yogaball Drumming WW                      2:00 Manicures SW, WW                      3:30 Hot Cocoa Social SW,WW</p>	<p><b>20</b> 10:00 Mass/Rosary                      11:00 Trivia SW                      11:00 Happy Tunes WW                      2:00 Instruments Around the World WW                      3:30 Tea Time SW                      3:30 Soothing Sounds WW</p>	<p><b>21</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 White Board Games WW                      11:00 Card Games SW                      2:00 Hungry Hippos WW                      2:00 Bowling SW                      3:30 In Room Visits SW                      3:30 Happy Hour WW</p>	<p><b>22</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary                      11:00 Jeopardy (youtube)SW                      11:15 Crafting WW                      2:00 Bingo WW                      3:30 Bingo SW                      3:30 Perry Commo Music (youtube)</p>
<p><b>23</b> 10:00 Mass CH                      10:30 Nostalgia by Nan CH                      11:00 Documentary WW                      11:15 Exercise Group SW                      2-4 Movie Matinee SW                      2:00 Bingo WW                      3:30 Tea Social WW</p>	<p><b>24</b> 10:00 Mass/Rosary (Channel 13)                      11:00 Card Games WW                      11:00 Exercise Group SW                      2:00 Resident Council Meeting SW                      2-4 Art Expression WW                      3:45 Holy Hour For Peace</p>	<p><b>25</b> 10:00 Mass/Rosary                      11:00 Chair Yoga WW                      11:00 Yoga Ball Drumming SW                      2:00 Resident Council Meeting followed by cookie social SW                      2:00 Bingo WW                      3:30 Cookie Social SW</p>	<p><b>26</b> 10:00 Mass/Rosary                      11:00 Exercise Group SW                      11:00 Yogaball Drumming WW                      2:00 Bingo WW                      2-4 Art Expression SW                      3:30 Manicures SW,WW</p>	<p><b>27</b> 10:00 Mass/Rosary                      11:00 Happy Tunes WW                      11:00 Trivia SW                      2:00 Enjoy Music by Mozart WW, SW                      3:30 Snack Time SW, WW</p>	<p><b>28</b> 10:00 Mass/Rosary                      11:00 White Board Games WW                      11:00 Card Games SW                      2:00 Snowman Games SW,WW                      3:30 In Room Visits SW, WW</p>	<p><b>29</b> 9:00 Meet and Greet (newspaper,mail,chronicle)                      10:00 Mass/Rosary (Ch 13)                      11:00 Jeopardy (youtube)SW                      11:15 Happy Tunes WW                      2:00 Jeopardy WW (youtube)                      2:15 Music Bingo SW                      3:30 Happy Tunes SW</p>
<p><b>30</b> 10:00 Mass CH                      10:30 Nostalgia by Nan CH                      11:00 Documentary WW                      11:15 Exercise Group SW                      2-4 Movie Matinee SW                      2:00 Bingo WW                      3:30 Tea Social WW</p>	<p><b>31</b> 10:00 Mass/Rosary (Channel 13)                      11:00 Card Games WW                      11:00 Exercise Group SW                      2:00 Resident Council Meeting SW                      2-4 Art Expression WW                      3:45 Holy Hour For Peace</p>					