

The HEALING SPIRIT

NOTRE DAME HEALTH CARE

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FALL / WINTER 2018



Notre Dame Health Care:

ALWAYS COMMITTED TO MISSION DESPITE CHANGING TIMES!!

As the year winds down and we prepare to celebrate the holidays, we have the opportunity to reflect upon the past year. Each year presents with both opportunity and challenge, and 2018 has been no different!

During 2018, we have celebrated our mission and history through a number of very special events, including the commemoration of our 25th anniversary. It has been an exceptional year, and we have had a wonderful time celebrating with our residents, family members, volunteers and employees. Many thanks to all who participated!

But in the midst of this busy year, several legislative and regulatory initiatives were adopted which will have a significant impact on all health care providers in Massachusetts, including Notre Dame. Most noteworthy is the "Grand Bargain" bill that was signed into law in June, which includes an increase in minimum wage over the next four years, and an additional payroll tax for both Notre Dame and our employees to fund the new paid family and medical leave program. Both initiatives will have a direct budgetary impact on us, as they are mandates that become effective in 2019 without any source of addi-

tional government funding to offset the financial impact. As an organization, we are taking advantage of the gradual phase-in of minimum wage increases, looking more strategically at how we do business in order to prepare and adapt, as well as increasing revenue from fundraising, without compromising the services that we provide.

Increasing regulations continue to challenge providers like Notre Dame, as our teams of care givers work diligently to follow new "best practices," so that our residents and patients continue to receive the best possible care. And new payment systems are on the horizon for us in the coming year as well; they will need to be learned and mastered in order to ensure that we sustain existing service levels in all of our programs,

which is known as "the Notre Dame difference."

Health care continues to be in a state of change and flux, and Notre Dame is not insulated from these changes. We do however remain focused on our core values and mission, and as a nonprofit organization we are committed to ensuring that our residents and patients continue to receive the high quality, dependable, and compassionate care they deserve from our exceptional caregivers.

— Karen Laganelli, CEO

Skilled Nursing Care

Long Term
Care Center

Care Givers
Residents

Staff

Memory Care

Hospice &
Pedi Pals

Volunteers
Family

NOTRE DAME
HEALTH CARE

Mission
du Lac
Assisted
Living

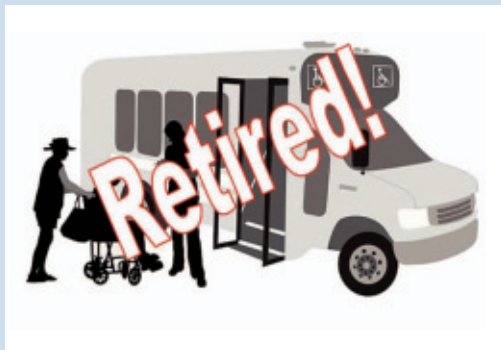
Palliative Care

Saint Julie Billiart
Rehabilitation
Educational
Bridge Center

Aging in Place

For additional stories and information, please visit our website notredamehealthcare.org and like us on Facebook.

Long Term Care Happenings



Retired Transportation

After many years of faithful service, the van used to transport our Long Term Care and Rehabilitation Center residents was recently “retired” due to safety concerns and mechanical issues. In the coming months we will be seeking funds to help support the purchase of a new vehicle to accommodate the transportation needs of our residents. The vehicle will feature critical accessibility mechanisms to accommodate wheelchairs. The van is an important part of our program allowing us to provide transportation for our residents for life enriching outings into the community and special appointments.

Scholarships for Nursing Students

Two employees from Notre Dame Health Care were awarded Long Term Care Finance Association Scholarships in 2018. Three \$1,000 scholarships are awarded each year to applicants working in the long term care industry and furthering their education in a field related to long term care. This year **Eunice Gamadeku** and **Sarah Yelegon**, who are both CNAs at Notre Dame Long Term Care and Rehabilitation Center, received scholarship awards. Both women are pursuing nursing degrees. Congratulations, Eunice and Sarah!



Sarah Yelegon, Emmanuel Ikomi, Executive Director, LTCC and Eunice Gamadeku

Across Campus Happenings

E-News

In an effort to be more “green” we are working on improving our capabilities to share news electronically. While we will continue to offer our periodic newsletter in print, if you would prefer to receive news via email, please let us know! Simply email: pthayer@notredamehealthcare.org with “E-NEWS” in the subject line to request to be added to the email list.



25 Years of Service

Residents, family, staff and community members joined together on Sunday, June 24 to celebrate our 25 year anniversary of service to our community. The day was marked with a special Mass of celebration at our du Lac Chapel and was followed by a festive cookout in the courtyard in our Long Term Care Center.



*Sr. Edie Daly, SNDdeN
and Sr. Pat McSharry, SNDdeN*



The Healing Spirit is published as a service to the community.

EDITORS: Cathy Smith and Paige Thayer

NOTRE DAME HEALTH CARE

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Educational Bridge Center Happenings



Educational Forum a Big Success!!!

The Notre Dame Health Care Educational Forum was held on November 14 to support our educational mission. Our theme this year “Music, Laughter & Movement—Your Roadmap to Healthy Living” set the stage for a festive gathering of community members who enjoyed presentations by Robert Rivest (“Learn, Laugh and Let Go”) and Denise Medved (“Changing Your Brain Can Be As Simple As Child’s Play”). Attendees enjoyed music, provided by our own music therapists (Arthur Terembula, Tamilyn Little and Emily Field); food and fellowship; and entertaining and educational presentations. We are grateful for the outstanding support of our sponsors, contributors and attendees who helped to make this event a success. A special “thank you” to our Presenting Sponsor, F. L. Putnam Investment Management Company and our Reception Sponsor, J. J. Bafaro Mechanical Contractors for their leadership support.



Pat Campbell, Executive
Director, Educational Bridge Ctr.



Karen Laganelli, CEO, NDHC
and Sr. Lorraine Connell,
SNDdeN, Board Chair

Sisters of Notre Dame de Namur Jubilarians Support Citizenship Program

In honor of the recent “2018 Jubilee Celebration” of the Sisters of Notre Dame de Namur, special gifts were made to support the *Sister Helen Wright Citizenship Program*. We are truly grateful that gifts were made to support programs for our prospective new citizens at Notre Dame Health Care’s Educational Bridge Center.

These special gifts will ensure we are able to support and prepare students seeking U.S. Citizenship. Our services include, test preparation, specialized tutoring, application fees, and the encouragement needed to help these students to succeed.



JOIN US ON CAMPUS . . .

Educational Bridge Center Classes:

- ▶ January 16 through April 17 (Wednesdays) 4 to 7pm — *HiSET Preparation*
- ▶ January 17 through April 18 (Thursdays) 4 to 6:30pm — *English for the Workplace*
- ▶ January 25, March 15, May 3 — *Alzheimer’s Disease & Dementia Care (CDP)* — \$150
— One day seminar 9am to 5pm
- ▶ TBD — *ServeSafe Food Manager Certification* — \$185

[Contact Sue Strandberg, Program Manager at 508-852-1589, X2504 to register]



Prayer Partners Max & Ray

du Lac Assisted Living Happenings

Prayer Partners

For many years, Sisters of Notre Dame de Namur taught at Our Lady of the Angels (OLA) in Worcester. Though they are no longer teaching there we have continued our relationship with OLA through the Prayer Partner Program at Notre Dame du Lac. The program pairs 4th graders from OLA with du Lac residents who promise to pray for one another each day. The partners visit together four times a year and keep in touch regularly through cards and letters.

Celebrating Bishop Daniel Reilly 90th Birthday Celebration & 65th Anniversary of Ordination

On Saturday May 12, 2018 Bishop Daniel Reilly was honored on the occasion of his 90th birthday and 65th anniversary of ordination. The Worcester Chapter of the Knights of Columbus hosted a wonderful luncheon at St. John's High School. Notre Dame du Lac Assisted Living Residence hosted an afternoon Mass and reception at du Lac, which is the Bishop's home.

A plaque, dedicating the Morning Star and Queen of Angels stained glass window to Bishop Reilly was unveiled at Mass. Sister Pat McSharry, SNDdeN, notes this window was chosen because it is the window he sits beside during daily Mass. It is a pleasure having Bishop Reilly as a resident in our community.



Digital Piano Needed – Please Help!!

The du Lac Activities Department is in need of a portable digital (electronic) piano for use with resident entertainment. It has been suggested that a Yamaha P-125 (or similar) would be perfect for our needs, allowing us to easily move the piano to various locations in our assisted living residence and on campus! We'd gratefully consider a donation of a portable digital piano in excellent condition or monetary donations toward the purchase of the equipment. Please contact Denise Carroll with any questions at 508-852-5800, x2213.

Welcome New Managers

Denise Carroll, was recently promoted to Activities Director, du Lac Assisted Living Residence



Sandra Potasky, was recently hired as Activities Director, Memory Care Unit, Long Term Care Center



Wendy Deyette-Novelle, LPN was recently promoted to Resident Care Coordinator, du Lac Assisted Living Residence



Debra Salcedo, MS, was recently promoted to Human Resources Generalist

At Home — Hospice & Pedi Pals — Happenings

“Gabe the Chemo Duck” Brings Comfort

Patients in service with our Pedi Pals program are benefiting from a very special gift. “Gabe the Chemo Duck” is a comforting resource for patients and their siblings to learn more about their cancer treatment. Many children who receive chemotherapy have a medication port placed in their chest for treatment, and Gabe has a port in his chest, too! This provides children the opportunity to gain control where it is sometimes lost. Children are able to practice giving Gabe his medicine, which can help to ease some of their fears. The founder of “Gabe the Chemo Duck” was touched by the services that Notre Dame Pedi Pals provides,

and wanted to donate a bundle of ducks for our families to enjoy, which includes Gabe and his port, a yellow backpack, coloring pages, stamps, and sibling Ducks.

The first to benefit from this special gift was a young patient who had just been diagnosed with cancer. He received Gabe, and his brother received a special sibling duck.

They were so excited to play with Gabe, giving him a check-up and practicing giving him medicine in his port. Their parents were grateful, as their son had been struggling at medical appointments when the nurses were accessing his port.



Jessica LeSage and Jackie Raftery



Shaelyn, Jackie, Jylliane and Tamilyn

our patients. **Shaelyn Waller, BSN, RN, CHPPN**, one of our Pediatric Palliative Care Nurses (Pedi Pals) recently received her certification as a Hospice and Palliative Pediatric Nurse, a credential only a handful of nurses in the Commonwealth have received. **Jylliane Alvarez, MTS**, Spiritual Coordinator for Notre Dame Pedi Pals and Hospice Pastoral Care Associate, recently completed the Pediatric

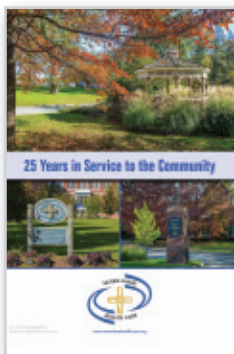
Professional Development Enhances Quality of Care

Staff in our At Home division have been working hard to build upon their professional credentials to benefit the hospice and palliative care programs and the care provided to

Chaplain's Institute certificate program with other chaplains from across the country. **Tamilyn Little, MT-BC**, Music Therapist, recently completed her level-one training for auxiliary certification in Hospice and Palliative Care for Music Therapists, which included role playing and field clinicals along with special units on gospel music, and cultural sensitivity at end of life. **Jackie Raftery, CCLS**, Child Life Specialist recently completed her credentials as a Certified Child Life Specialist.

Special Publication Highlights Programs & Services of Notre Dame Health Care

A recent partnership with the Worcester Business Journal has resulted in a special publication outlining the many programs and services of Notre Dame Health Care and what makes us special. The piece was developed thanks to the generous support of advertisers who helped make the production possible. The publication was distributed through Worcester Business Journal on November 26 and copies are available here at NDHC and on our website. Please let us know if you'd like to receive one!



JOIN US ON CAMPUS . . .

Hospice Bereavement Support Group

Contact Peggie Arcouette, Bereavement Coordinator at 508-852-5505 for information.

Eucharistic Liturgy Schedule

- ▶ du Lac: Daily (except Sat.) at 10:30am
- ▶ Long Term Care Center (LTCC): Daily at 10am
- ▶ LTCC: **Christmas Eve**, (Ecumenical) at 3:45pm
- ▶ LTCC: **Christmas Day** at 10am
- ▶ LTCC: **for New Year**, (Ecumenical) **Dec. 30** at 3:30pm
- ▶ LTCC: **New Year's Day** at 10am

NOTRE DAME HEALTH CARE

Long Term Care Center

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By now you have likely received our special year-end mailing inviting you to support the programs and services of our Educational Bridge Center. We invite you to believe in the power of education to change lives by making your year-end gift today.



“(The Bridge Center) granted me time and resources to pour my heart and soul into my studies, into myself and into my future. Thank you for believing in us. You’ve truly changed our lives.”

—Serah Guilbe, RN, BSN



Merry Christmas & Happy New Year
from your friends at
NOTRE DAME HEALTH CARE

*May your holidays,
and every day,
be blessed with the
Goodness of God.*

Our hearts overflow with gratitude and joy for the opportunity we have to fulfill our mission to provide our residents, patients and families with the care they so deserve.

We invite you to visit with us, take a tour and learn more about how we can help you or your loved one benefit from Notre Dame Health Care programs and services.