## Dorothy Stang Novena: Day 5 - Saturday, February 8



Blessed are they who show mercy; mercy shall be theirs. Matthew 5:7

"We can't talk about the poor. We must be poor with the poor and then there is no doubt how to act." — Sister Dorothy Stang

## Prayer (Reflection on Psalm 125):

You surround us like mountains

you keep us safe and secure.

When we trust you, we, too, are like the mountains

unshakable and enduring.

You are strength. You are protection. You are mercy.

You offer your riches to every one of us – rich, poor, believer, non-believer

we are one in your heart.

Help us give, in turn, to others. Peace be upon all people.

## Action:

The gifts of this earth are for everyone. Do you have more than you need? This week sort through your excess and donate something to a charity that serves the poor.

Here at Notre Dame, there are many opportunities to help those in need. Last Lent, we partnered with the Sisters of Notre Dame to participate in their Clean Water Project. What will we do to help those in need? How can we get involved in the lives of the poor? How can we show mercy to others?