

# Notre Dame COMMUNITY CARE

## Notre Dame Health Care

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As daily activities become more challenging, our experienced caregivers are here to provide dependable, personalized support in the comfort of your own home. We are committed to enhancing quality of life by delivering professional private-duty home care that promotes independence, dignity, and well-being.

When you choose Notre Dame Community Care, you can trust that your individual needs will be carefully assessed and met with exceptional care. Our goal is to help you remain safe, comfortable, and confident at home while enjoying a fulfilling and meaningful life.



Assisted Living Residence

Short Term Rehabilitation

Long Term Care

Memory Care

Adult & Pediatric Palliative Care

Adult & Pediatric Hospice Care

Community Care

*Sponsored by the Sisters of Notre Dame de Namur*

## Comforting Care — in the Comfort of Your Home



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[notredamehealthcare.org](http://notredamehealthcare.org)



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# Personal Health Care – In Your Space, On Your Schedule



## Community Care

- Personalized, non-medical home care services provided on a private pay basis
- One-on-one care designed to support independence, comfort, and safety at home
- Flexible scheduling

## Our Commitment

- Individually tailored care plans developed with clients and families
- Carefully screened, trained, certified, licensed and supervised caregivers
- Professional, compassionate, and confidential service delivery
- Services provided in accordance with Massachusetts regulations
- Registered by the Department of Public Health

For many years, seniors and older adults have devoted their lives to caring for their families and communities. At Notre Dame Community Care, we recognize that dedication and believe it is now time to give back with the same compassion and respect.

[notredamehealthcare.org](https://notredamehealthcare.org)

# The Notre Dame Community Care Difference

## Services Provided

### Personal Care Assistance

- Bathing, grooming, dressing, and hygiene support
- Toileting assistance and incontinence care
- Mobility support and safe transfers

### Companion Care

- Social interaction and meaningful engagement
- Supervision and safety monitoring
- Accompaniment to appointments and community activities

### Homemaking & Household Support

- Light housekeeping and laundry
- Meal preparation and assistance with nutrition
- Grocery shopping and errand assistance

### Medication Reminders & Wellness Monitoring

- Medication reminders as directed
- Observation for changes in condition or behavior
- Communication with family members or designated contacts

### Specialized Support

- Alzheimer's and dementia-related care
- Support for chronic conditions and mobility limitations
- Post-hospital or post-illness recovery assistance

### Respite Care

- Short-term or scheduled relief for family caregivers
- Continuous, dependable care during caregiver absences

### Pet Care Assistance

- Pet care assistance, including feeding, walking, and basic pet routines

### Flexible Care Options

- Hourly, overnight, or live-in care
- Weekday, weekend, and holiday availability